

NPS International Mysore

WORD WEAVES

*A Trilingual Odyssey
by students of class 8*



2023-24



UNLOCKING THE POWER OF
WORDS:

~Where English Takes Flight
in Every Page

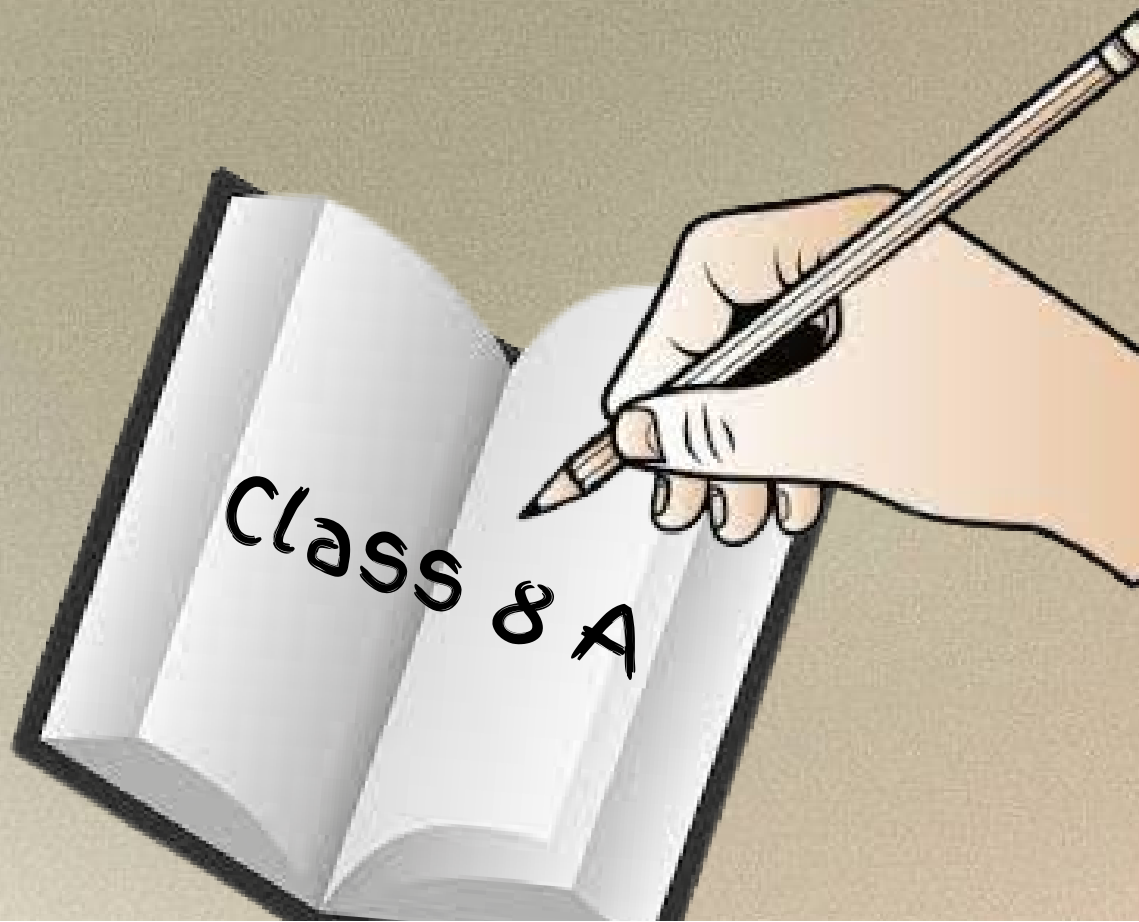


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ARTS TRAVAGANZA

A collage of newspaper clippings and glowing light bulbs. The background is a dense, overlapping arrangement of various newspaper articles, creating a textured, brownish-gold surface. Several incandescent light bulbs are scattered throughout, some of which are illuminated, casting a warm, yellow glow. The bulbs are positioned at different heights and angles, adding depth to the composition. The overall aesthetic is vintage and intellectual, suggesting a theme of research, discovery, or knowledge.

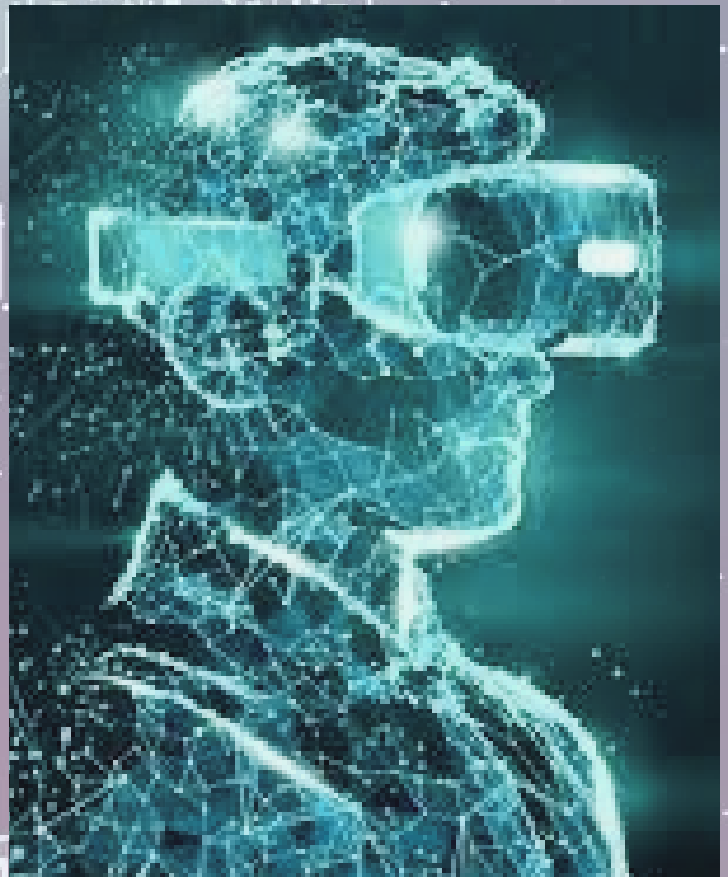
All you
need to
know!

AR & VR

-Immerse your reality,elevate your experience

Over the past 80 years, humans have navigated countless technological advancements, from the emergence of the internet to the development of smartphones. Our world has become increasingly digitized. One of the most recent and exciting advancements is the manifestation of Augmented Reality (AR) and Virtual Reality (VR). These technologies have the potential to revolutionize how we interact with the world, from entertainment to education and beyond. In this article, I'll shed light on this new technology and explore its current and potential applications.

First, it's important to distinguish between AR and VR. Augmented Reality (AR) displays computer-generated images in the real world, functioning similarly to a 'Heads Up Display' (HUD) in a car. HUD technology was a precursor to AR, capable of incorporating information with the user's surroundings, but could not register and track the user's interaction.



Today's AR technology utilizes an array of cameras and sensors to capture and overlay digital elements into the real world, allowing users to seamlessly interact with both real and digital environments. The highly anticipated Apple Vision Pro is set to be a powerful AR headset, albeit with a steep price tag. Cheaper, lighter versions resembling everyday eyewear have also entered the market.



Virtual Reality (VR), though not an entirely different beast, has distinguishing features. VR creates a completely separate, virtual environment, detaching users from the real world. While the most advanced and expensive versions are compact, earlier versions required clunky wires and extensive setup with sensors. VR enables users to engage in immersive gaming and social interactions, all from the comfort of their homes.

Despite the potential of AR and VR, opinions about their future are mixed. Caution is necessary in their approach. Augmented reality, though seamlessly integrating into daily life, might lead to over-reliance. Conversely, virtual reality blurs the line between reality and fiction, challenging our perception of what is real. It's essential to use these technologies effectively in daily life while maintaining a firm grip on our understanding of reality.

AI OUR FUTURE


-Shaping our future beyond limits

Artificial intelligence is what AI stands for, as we all know. The simulation of human intelligence in machines that are designed to think and behave like humans is known as artificial intelligence. John McCarthy coined the term "artificial intelligence" in 1956.

He later earned the title of "father of AI." It also entails developing intelligent agents that are able to sense their surroundings and make choices in order to accomplish the necessary objectives. It could also be a reference to the machines themselves, which carry out human labor faster and more effectively. Alexa and Siri are the most well-known AI examples.

Artificial intelligence (AI) is used in a variety of applications, including cybersecurity, internet searches, personal assistants, voice assistants, board games like chess and checkers, picture recognition for mobile device face unlocking, and financial fraud detection.

It affects a lot of different sectors. In the healthcare industry, artificial intelligence (AI) aids in the early detection of diseases and the creation of individualized treatment plans by diagnosing specific diseases and assisting in the discovery of new drugs.

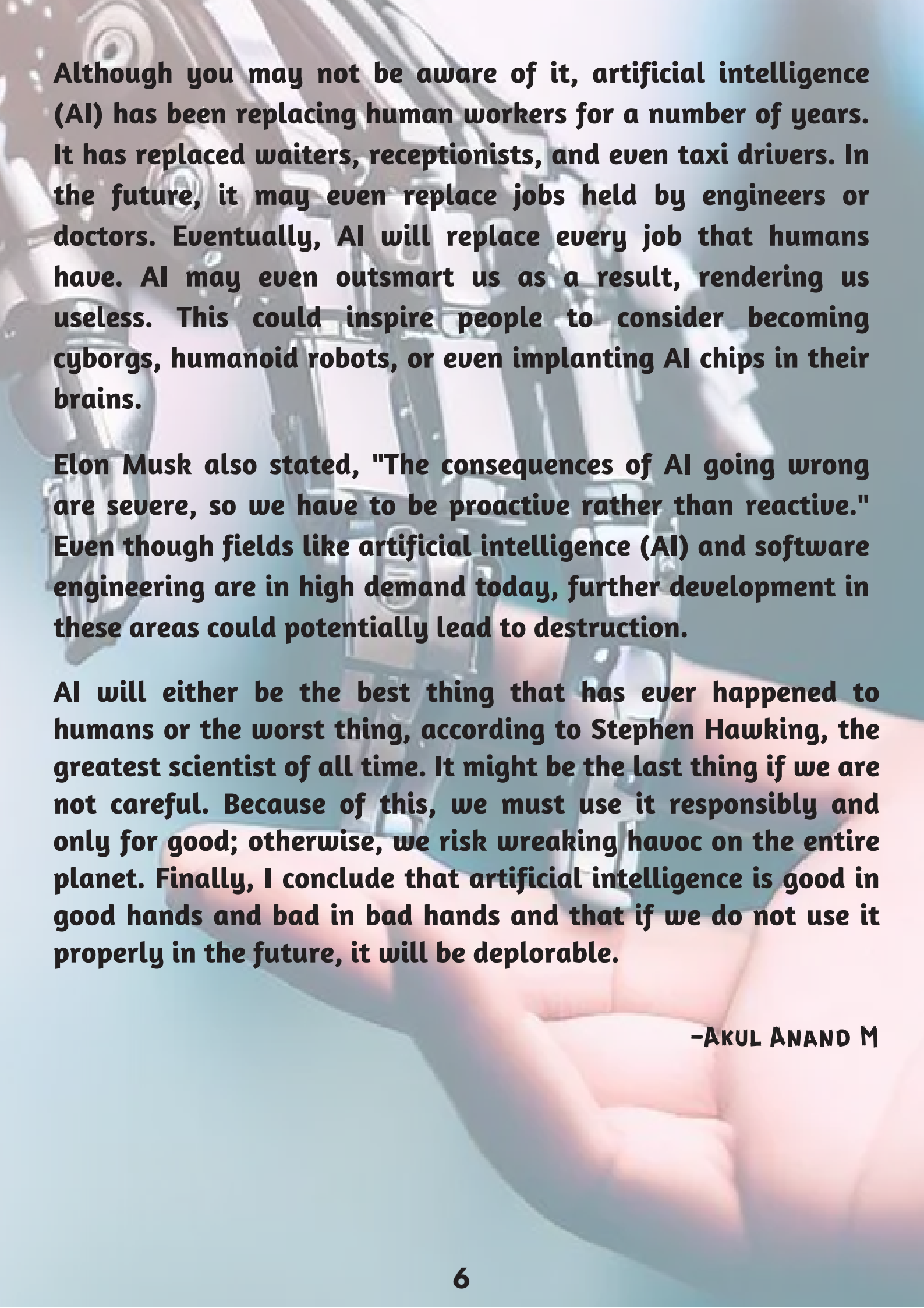


Artificial intelligence algorithms examine medical images to find defects and anomalies or help clinicians diagnose patients correctly. There are also AI-powered contouring programs that automatically contour in the field of oncology. Doctors' workloads are reduced to minor adjustments in diagnosis, even though they might not be as accurate.

AI is also used in education to support students' self-paced learning, offer real-time feedback, and create personalized learning experiences. Even the government makes use of it to enhance public services like transportation, healthcare, and education. Every modern technology has two sides: a positive side and a negative side. Similar to this, AI has advantages and disadvantages of its own. Its benefits include cybersecurity and fraud detection, but they also cause job displacement and privacy violations

Previously, AI was limited to use in board game engines such as Stockfish for chess and problem solving. Later in the twenty-first century, algorithms were developed to create sophisticated AI, like Siri and Alexa. The world's first artificial intelligence (AI) was a checkerboard player, but after many years, humans began to use AI for their own purposes.

Today, we have real robots that speak like people and even have names, like Sophia. As of right now, there are real hotels and restaurants that are managed by robots that greet and serve customers just like a human would.



Although you may not be aware of it, artificial intelligence (AI) has been replacing human workers for a number of years. It has replaced waiters, receptionists, and even taxi drivers. In the future, it may even replace jobs held by engineers or doctors. Eventually, AI will replace every job that humans have. AI may even outsmart us as a result, rendering us useless. This could inspire people to consider becoming cyborgs, humanoid robots, or even implanting AI chips in their brains.

Elon Musk also stated, "The consequences of AI going wrong are severe, so we have to be proactive rather than reactive." Even though fields like artificial intelligence (AI) and software engineering are in high demand today, further development in these areas could potentially lead to destruction.

AI will either be the best thing that has ever happened to humans or the worst thing, according to Stephen Hawking, the greatest scientist of all time. It might be the last thing if we are not careful. Because of this, we must use it responsibly and only for good; otherwise, we risk wreaking havoc on the entire planet. Finally, I conclude that artificial intelligence is good in good hands and bad in bad hands and that if we do not use it properly in the future, it will be deplorable.

-AKUL ANAND M

Football

-Where passion meets precision

Football is a game that millions of people around the world play and love. It can be called a universal game because every small and big nation plays it. Moreover, it's a great relaxation, stress reliever, model of discipline and teamwork. Apart from that, it keeps the body and mind fit and healthy. It's a team game that makes it more enjoyable as it teaches people the importance of sportsmanship, leadership, and unity.

The history of football can be traced back to the ancient times of the Greeks. Everyone knows that the Greeks were great sportsmen and invented many games. Football happens to one of them. A similar game like football is played in many countries but the latest version of football that we know originated in England. Likewise, England formulated the first rules of the game. From that day onwards, football has progressed forward immensely in the sporting world.

Football is an important game from the point of view of the spectator as well as the player. This 90-minute game is full of excitement and thrill. Moreover, it keeps the player mentally and physically healthy, and inculcates discipline. This sport is almost like a test ; It determines the tolerance, team spirit, talent, as well as patience of the player. Along with all these perks, an additional advantage is that you make new acquaintances and develop your talent even more. Above all, it's a global game that promotes peace among countries.

If we look at the scenario a few years back, we can say that football was not a popular game except in West Bengal. Also, Indians never did take much interest in playing football.

Likewise, the All India Football Federation (AIFF) has limited resources and insufficient support from the government. But now, the situation has completely changed. Nowadays, football is at par with the level of cricket in the country. Apart from that, India organizes various football tournaments every year.

Above all, due to the unavailability of proper coaching, the masses are not aware of the various levels of football, and the categories associated with it. Under 17 and Under 23 are some common football listings.

The biggest tournament of Football is the FIFA World Cup which is hosted every 4 years. Apart from that, there are various other tournaments like UEFA cup, Asian Cup (AFC), African completions (CAF) and many more.

To conclude, we can say that football is very interesting, and with every minute, takes the viewer's breath away. Besides, you can't predict what's going to happen next in a game of football. Apart from all this, football keeps the player fit and healthy. Above all, it can be a medium of spreading the message of peace in the world as it is famous as a global game.

-SHREMAHI TANUSH M

ICC MCWC 2023

-Elevating cricket excellence

The International Cricket World Cup is among the most watched events globally. The cricket matches span one day, with 50 overs per side. The World Cup resembles a festival, particularly the 2023 ICC Men's Cricket World Cup, with its speciality being hosted in our country, intensifying the excitement. This event not only brings joy but also significant economic benefits to India.

India is hosting the ICC Men's Cricket World Cup 2023 from October 5th to November 19th. This marks the 13th World Cup, a source of immense joy and pride. It presents a golden opportunity for many who cannot afford to travel abroad to witness the matches but can see our country's team play in our cities. Star Sports serves as the official broadcaster for this tournament.

The first World Cup took place in 1975 in England. India clinched the 1983 World Cup under the leadership of Kapil Dev and the 2011 World Cup under MS Dhoni's captaincy. Reports indicate a substantial and profitable impact on advertisements, travel,

Our captain this World Cup is Rohit Sharma who has led our team to the Semi Finals. Winning the World Cup in our own country will be the Icing on the Cake. Thus I and many other cricket fans hope for the best.

-HITHAISH SHETTAR

GLAM GUIDE

-Unleashing your inner radiance

Fashion is an ever-changing industry that constantly evolves with new trends, styles, and influences and here there are many types of styles that people like to wear and style in their way. On the other hand, lifestyle is basically where the person lives their life and includes their way of habits and interests and there are many areas included in lifestyles such as education, health, and wellness this is what lifestyle and fashion mean to me and every person or I have their way of living their life and the way of dressing ourselves According to me in fashion is mainly a specific group of customers and he or she would want to reach their marketing strategy and way of styling.. if starting fashion line from the beginning is foundational for starting a successful fashion business, on the other hand here lifestyle is mainly organized by my preferences hobbies, needs the way I want to lead my life, and also based on my likes and dislikes.

There are many points or facts based on lifestyle and fashion... and it's the way I patiently incorporate fashion choices like my way of style and personal taste in fashion and fashion lifestyle it's like the way you express yourself and don't feel guilty about the way your styling yourself and fashion can take you up to many ways in your life and there is way you can embrace your lifestyle and fashion Modern fashion and lifestyle is changed According to me and lifestyle is like a journalism which provides man opportunities and opinions and this journalism covers so many opportunities like traveling and fitness and many more even fashion comes under lifestyle the way you live your life you being your self and dressing and stating yourself that ur brave and your fashion lifestyle proves that your capable to do anything. Lifestyle or fashion may or may not be important in this world for a few people.

-HARSHIKA TOLI PRASAD N

NAVARATRI

-Dancing to the rhythm of devotion and celebration

Navaratri is an annual Hindu festival. The legend associated with Navratri speaks about the great battle between the powerful demon Mahishasura and Goddess Durga... Navaratri consists of 9 days. On each day of Navratri, an incarnation of "Goddess Durga" is worshipped. The first day of the Navaratri festival is dedicated to the goddess Shaliputri, the daughter of mountains. She is the provider of fortune and prosperity... The colour which represents this day is orange.

On the second day of Navaratri, the colour associated is white, symbolising Goddess Brahmacharini, righteousness, justice, purity, and innocence. Devotees who worship Maa Brahmacharini are blessed with power, strength, wisdom, and knowledge. On the third day of Navaratri, Goddess Chandraghanta is worshipped... Maa Chandraghanta is the married form of the goddess Parvati. She is the symbol of fearlessness and courage... The colour which represents her is red.

On day four of Navaratri, devotees worship Goddess Kushmandu who represents the color royal blue... Her aura symbolizes her ability to radiate positivity and light, and her blessings are sought for happiness, health and prosperity.

The fifth day of Navaratri is dedicated to Goddess Skanda Mata and is celebrated with fasting and prayers. Devotees who worship her with devotion are relieved from negative thoughts and stress. This day is represented by the colour yellow. On the day six of Navaratri, devotees worship maa Katyayani, the goddess who dismantles evil and helps you find true love. Devotees offer lotus and honey to the devi which brings them prosperity. The colour representing this day is green.

The seventh day of Navaratri is dedicated to Goddess Kaalratri, the fierce manifestation of Goddess Durga. Ma Kaalratri is revered as the destroyer of demons, evil spirits & negative energies... Her dark appearance symbolises the darkness of ignorance, which she dispels with the light of wisdom and truth... The colour which represents this day is Grey. On the eighth day of Navaratri, devotees worship Goddess Mahagauri, they seek her blessings for purity, serenity, and the nurturing grace of motherhood. Her radiant image reminds individuals to treasure these virtues and embody them in their lives... The colour which represents this day is Purple.

Navaratri is an annual Hindu festival. The legend associated with Navratri speaks about the Goddess Siddhidatri is worshipped on the ninth day of Navaratri... The word Siddhi means supernatural powers and Dhatri means the awarder. Hence, it is believed that Maa Siddhidatri fulfils all divine aspirations... She blesses her devotees with wisdom and grants them spiritual knowledge. The colour which represents this day is Peacock green.

From Goddess Durga's nine avatars, we learn lessons of strength, discipline, mindfulness and determination, which are all essential qualities for success. Navaratri reminds us that like the goddess herself, we have the power to overcome obstacles and achieve our goals.

-VANISHA V

AIR POLLUTION

-Unite for a breathable tomorrow

The air we breathe should be healthy to live a healthy life, but the air is becoming more polluted day by day due to increasing industrialization and concentration of toxic gases in the environment. Also, this air pollution causes respiratory and other diseases. Every living being cannot survive without air.

Air pollution becomes air pollution. Air pollution is the introduction of chemical particles into the atmosphere that cause damage to the natural environment. Air pollution is a concern of people all over the world.

Air pollution is mostly caused by burning fossil fuels like petroleum, coal and natural gas. The fumes emitted by vehicles are full of toxic particles.

This pollution can cause health problems such as asthma, headaches and other symptoms of allergies. The World Health Organization has classified air pollution as an environmental hazard to human health.

Causes of air pollution:

Air pollution is an important factor. Smoke from volcanic eruptions gets into the air and becomes polluted.

Air pollution is caused by waste fumes emitted from factories.

Burning garbage around the house causes pollution.

Pollution is caused by gases released from decaying plants.

Big cities are air polluted.

Deforestation causes air pollution.

Carbon dioxide emitted by vehicles gets into the air and becomes air pollution.

The greenhouse effect is caused by the increase in carbon dioxide.

Harmful substances in the air cause air pollution.

Solutions to air pollution

Air pollution should be reduced. Legal action should also be taken for this. Instead of burning the fallen leaves from the plant, put them in the compost pit.

Deforestation should be prevented and trees should be planted more often.

Use of CNG and unleaded petrol as a substitute for diesel and petrol-powered vehicles.

Public vehicles are mostly used for travel.

Keeping one vehicle per household instead of three to four vehicles per household.

Reducing the use of plastic.

Walking without using a vehicle while going to a very close place.

Using reusable materials.

Such is the implementation of legal measures.



Effects of air pollution

Asthma, respiratory problems, bronchitis, cancer etc. are related to health due to air pollution. The average temperature of Earth's atmosphere is slowly increasing. This increases global temperature and increases air pollution.

Changes in weather.

We should contribute a healthy environment to our next generation. Care should be taken to avoid any contamination for that. We should take care of our environment without any pollution. It needs to be controlled. Otherwise all traces of life on earth would have perished. Informing people about air pollution and creating awareness. We can control air pollution by taking some measures in this regard.



Heart related problems arise.

Skin diseases occur.

Air pollution shortens life expectancy.

Ozone layer is depleted due to air pollution. and decreases.

Eye problems are also seen.

-PRERANA M

Yet Another Superfruit!

-Exotic taste,nature's artistry in every bite .

The exotic Kiwano melon, sometimes referred to as the "horned melon," is native to Australia, New Zealand, and parts of southern and central Africa. On vines, it grows. This odd-looking fruit has an interior that resembles jelly, orange horns on the skin, and a serving size of up to 44 calories!

It also contains a lot of sodium and potassium. The magnesium content aids in heart protection. The fruit has a low fat, protein, and carbohydrate content and is mostly made of water. Its protein content accounts for about 16% of its calories, more than any other fruit. This fruit can prevent diabetes, cancer, and a host of other illnesses, which makes it beneficial for health in many ways.

The Kiwano melon is part of the cucumber and melon families. This fruit tastes like banana, cucumber, kiwi, and zucchini altogether! It smells like a cucumber with a small hint of citrus. The melon can be eaten raw or cooked. The rind of the melon is also edible, but if you wish to eat it, make sure to cut off the spikes first.

Although the fruit may look like it's from outer space, it's a fruit worth trying! Kiwanos are available in all seasons- they are year-round fruits.

-ALANKRITA LATKAR

Childrens' Day

-Childhood dreams, endless adventures

In India, Children's Day is celebrated on 14th November every year to commemorate the birth anniversary of our first Prime Minister, Pandit Jawaharlal Nehru. He loved children dearly and is fondly remembered as Chacha Nehru by them. After he died in 1964, his birthday was declared as Children's Day across India. Pandit Nehru was very fond of kids and advocated for children's education as he strongly believed that they were the future leaders of the nation. He was a strong believer in instilling rich moral virtues in children.

He believed that children should be moulded from a young age properly so that they can become productive and responsible citizens of the country. On this special day, most schools across the country celebrate it by organising socio-cultural programmes for children. Some of the events include poetry, recitation, fancy dress competitions, singing and dancing events, skits and plays for children.

Besides refreshments, kids are also gifted toys, clothes, stationery, chocolates, toffees and other interesting goodies. Sometimes, they also watch child-friendly films and shows. Children's Day, therefore, emphasises the importance of showering love and affection on each child. It is celebrated with great fervour and enthusiasm across the country.

Every child cherishes this day as they get to enjoy it to the fullest. It is important to remember that this special occasion is celebrated to take Pandit Nehru's dream of providing quality education to each child so that they can become the future building blocks of the nation and contribute towards the greater benefit of society.

Earth on a Frying Pan

-Urgency in every degree

Global warming

I'm sure all of us have heard of the term “Global warming” but aren't sure about what it means. Well, Global warming refers to the sustained rise in the Earth's average temperature due to greenhouse gases in the atmosphere, causing worldwide shifts in climate patterns. This long-term warming trend has remarkably accelerated in the last century due to heightened fossil fuel combustion as the global population increases.

Causes of Global Warming

- 1. Greenhouse Gas Emissions:** Key drivers are gases like carbon dioxide (CO₂), methane (CH₄), and nitrous oxide (N₂O) that trap heat, steadily elevating Earth's temperature.
- 2. Fossil Fuel Burning:** Coal, oil, and natural gas combustion for energy and transportation majorly contribute to CO₂ emissions.
- 3. Deforestation:** Clearing forests, which absorb CO₂, releases stored carbon into the atmosphere.
- 4. Industrial and Agricultural Practices:** Processes in these sectors release methane and nitrous oxide, significant greenhouse gases.

Consequences of Global Warming

- 1. Rising Temperatures:** Heatwaves pose health risks, especially for vulnerable populations.
- 2. Melting Polar Ice and Glaciers:** Leads to rising sea levels, coastal erosion, and increased flooding.
- 3. Ocean Acidification:** Increased CO₂ absorption by oceans threatens marine ecosystems.

4. Extreme Weather Events: More frequent severe weather events like hurricanes, droughts, and floods have devastating impacts.

5. Biodiversity Loss: Environmental changes endanger many species, leading to habitat loss and extinction risks.

Solutions to Global Warming

1. Renewable Energy: Transitioning to wind, solar, and hydropower to reduce CO2 emissions is crucial. **2. Energy Efficiency:** Improving energy efficiency in industries, buildings, and transportation significantly reduces energy consumption and emissions.

3. Reforestation and Afforestation: Planting trees and restoring forests can capture and store carbon.

4. Sustainable Agriculture: Adopting eco-friendly farming practices reduces methane and nitrous oxide emissions.

5. International Agreements: Frameworks like the Paris Agreement encourage global cooperation to combat climate change

Global warming necessitates coordinated efforts at various levels. Inaction poses dire consequences for the environment, societies, and economies. I truly wish after reading this article you understand the power global warming holds against us and work towards banishing it as a problem in our society and for generations to come.

-JAINAM K

ISRO's current achievements

-Reaching new heights ,one cosmic milestone at a time

After ISRO's successful landing of Chandrayaan-3 on the South pole of the Moon here comes another mission that is "Gaganyaan".

Gaganyaan will be India's first human spaceflight —a crewed mission to the Moon. But, there will be a few more test flights to validate the human safety precautions before the actual launch slated for 2025. Our honourable Prime Minister Narendra Modi had announced on August 15, 2018, the plan to send humans to space.



The Indian Space Research Organization (ISRO) on Saturday, October 21 2023, successfully relaunched the ISRO TV-D1 rocket, a pivotal component of India's Gaganyaan Mission. The rocket, which had initially faced a setback, was relaunched after some delay.

-VANISHA V

THE OVERVIEW EFFECT

-Redefining perspectives

The Overview Effect, coined in 1987 by author Frank White, describes a reality-shifting, mind-boggling experience that astronauts have when witnessing the beauty of what we call home from hundreds of thousands of kilometres away. It serves as a profound reality check for those lucky enough to experience it.

Imagine if everyone could witness the Earth's beauty from space. Suddenly, borders would vanish, differences between people would fade, and concerns like a work promotion would give way to a sense of unity. This reality shift has the potential to inspire a new era of environmental consciousness. The sight of Earth from space serves as a striking reminder of its fragility, compelling us to reconsider our relationship with the planet.



Consider the impact of the Overview Effect on world leaders. If politicians worldwide experienced this perspective, it could lead to significant strides in environmental change. It might foster multinational treaties and policies, offering future generations the chance to experience the world's beauty as we have.

This could soon become a reality, as space tourism startups like Virgin Galactic and Blue Origin move toward making space travel accessible to the general public. However, large-scale space travel is still a distant prospect. Not to worry! Companies like SpaceVR aim to recreate this experience on Earth using virtual reality and sensory deprivation chambers. This could be a more viable option, considering the high cost and environmental impact of space travel.

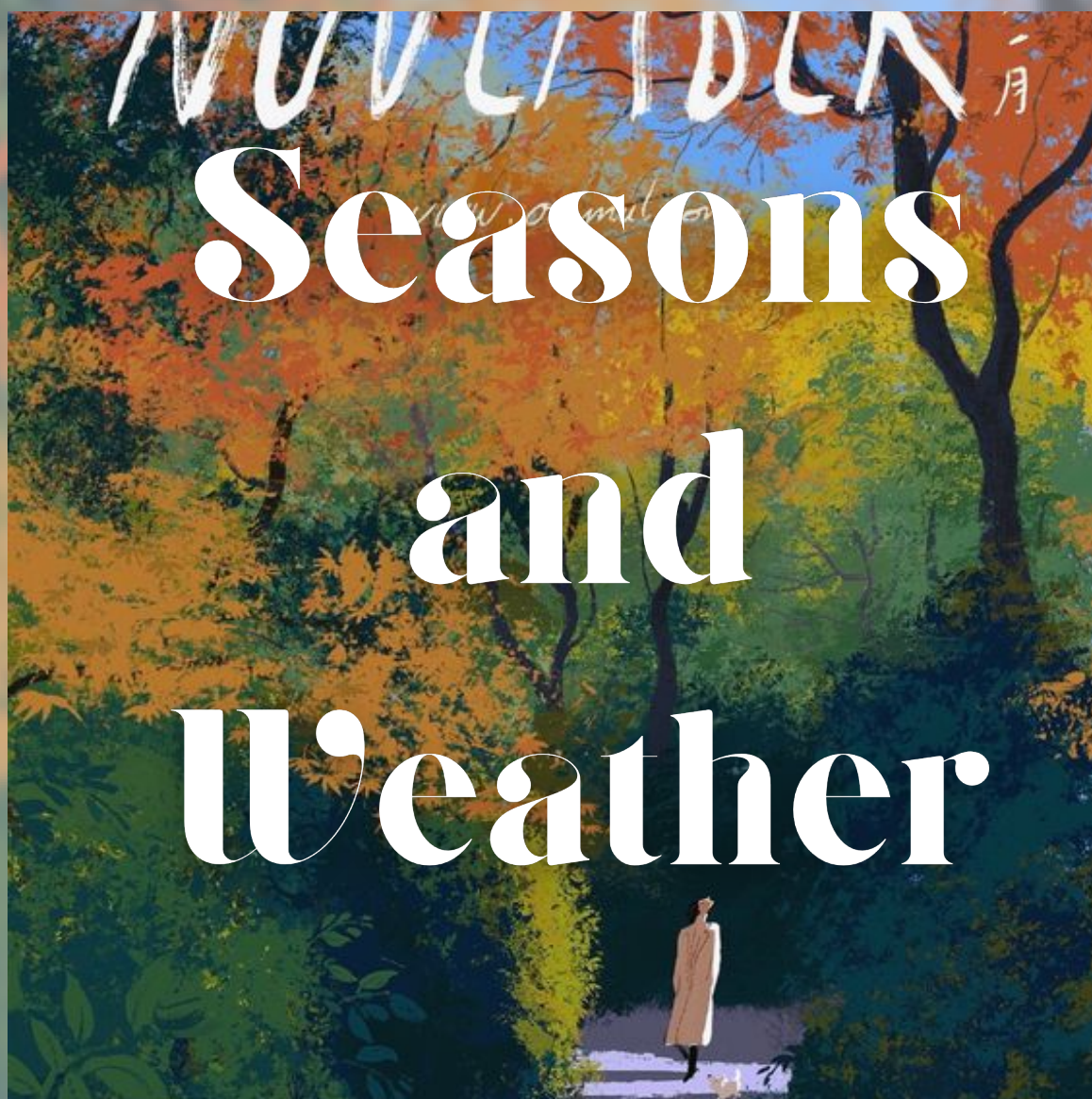


Overall, the Overview Effect symbolizes the transformative impact of viewing Earth from space, uniting humanity in awe and environmental awareness. With space tourism on the horizon, there's hope for a future where this perspective fosters unity. Yet, considering the challenges, innovative solutions like SpaceVR's simulations are vital, offering a sustainable path to inspire a shared sense of interconnectedness and environmental responsibility.

So, are you up for a reality check?

JNAAN KESHAV

NOVEMBER



Hello Autumn

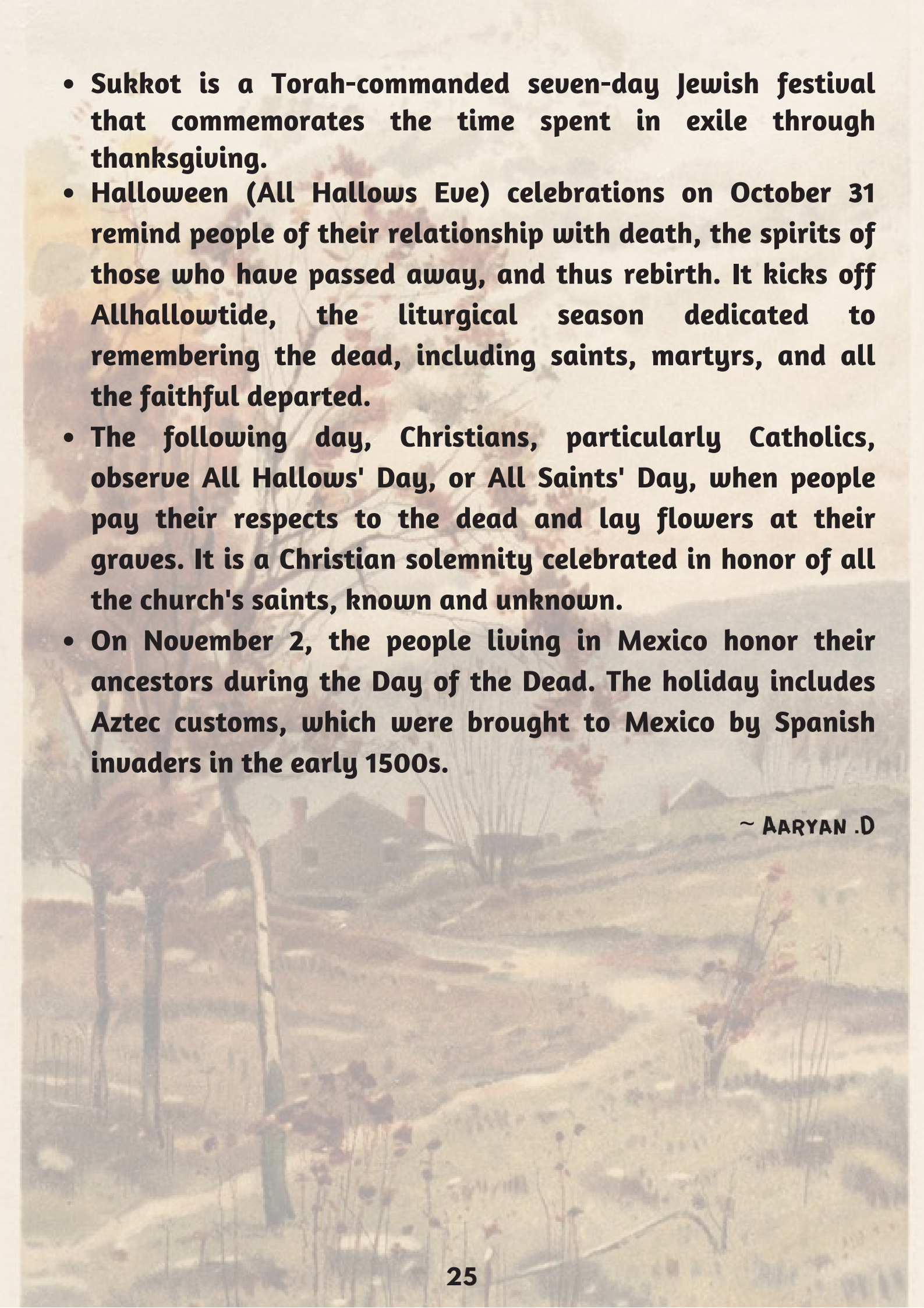
-Fall days are fun days

Autumn is the season when leaves change color, and the autumnal equinox indicates that the days are getting shorter. Autumn is the "cooling off" season, sandwiched between the hot summer and the cold winter. Temperatures begin to fall as nightfall approaches, and most vegetative growth slows. Animals start gathering supplies or traveling to warmer climates to prepare for the food shortage that usually occurs during the winter.

Autumn adds a chill to the air. The magnitude of the change is determined by the location of the area on Earth. Temperatures near the equator are fairly constant throughout the year, whereas temperatures further north or south vary more. This is due to the fact that the equator receives a consistent amount of sunlight. According to the Atmospheric Radiation Measurement (ARM) program, far northern and southern regions receive less sun due to the curvature of the sun.

Autumn is also known as fall, especially in the United States. The ambiguity surrounding the name of the third season of the year reflects the season's status as a relatively new concept. Many cultures recognize only two seasons, for example, winter and summer or winter and spring.

Autumn is also known for the numerous festive celebrations that occur at this time of year.

- 
- **Sukkot is a Torah-commanded seven-day Jewish festival that commemorates the time spent in exile through thanksgiving.**
 - **Halloween (All Hallows Eve) celebrations on October 31 remind people of their relationship with death, the spirits of those who have passed away, and thus rebirth. It kicks off Allhallowtide, the liturgical season dedicated to remembering the dead, including saints, martyrs, and all the faithful departed.**
 - **The following day, Christians, particularly Catholics, observe All Hallows' Day, or All Saints' Day, when people pay their respects to the dead and lay flowers at their graves. It is a Christian solemnity celebrated in honor of all the church's saints, known and unknown.**
 - **On November 2, the people living in Mexico honor their ancestors during the Day of the Dead. The holiday includes Aztec customs, which were brought to Mexico by Spanish invaders in the early 1500s.**

~ AARYAN .D

winter

Winter is the king of showmen,
Turning tree stumps into snow men



And houses into birthday cakes
And spreading sugar over lakes.

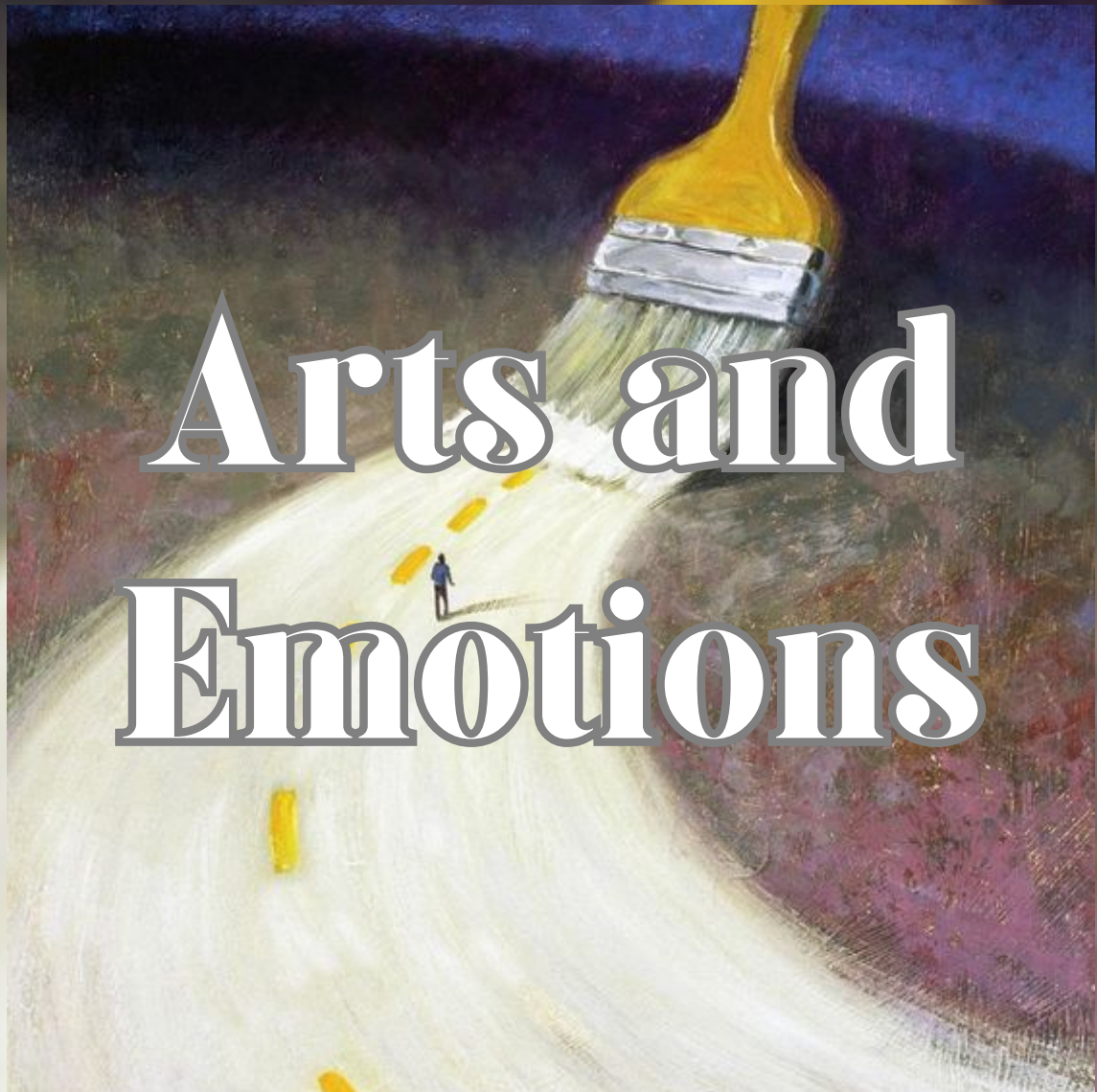
Smooth and clean and frosty white,
The world looks good enough to bite

'Tis the season to be young,
Catching snowflakes on your tongue!

Snow is snowy when it's snowing.
I'm sorry it's slushy when it's going.



-AARYAN D



Arts and Emotions

Tunes and Melody

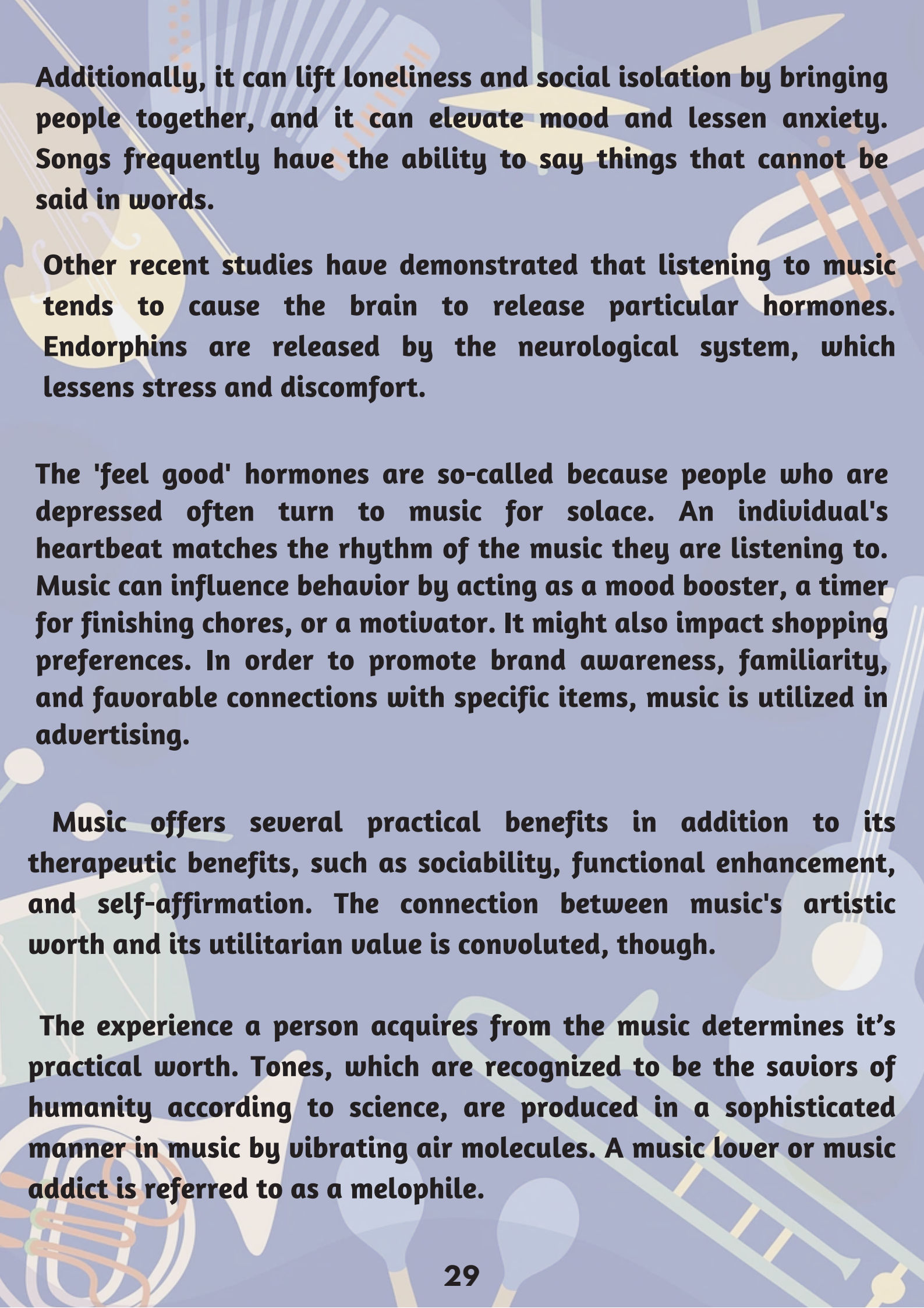
-Music is the universal language

The skill of arranging sound to produce melodies, rhythms, and tunes is known as music. In many people's comfort zone, music is the unsung hero. Many individuals in today's world worry about one thing or another, and music gives them a spark of joy. A related theory on the birth of music focuses on the necessity of synchronizing group actions. Mammoth-bone instruments from the Stone Age created noise and are thought to have assisted our predecessors in moving in unison.

While listening to music is a fun activity in and of itself, its impact goes beyond simple entertainment. "Don't leave the ones who cared for you," famous musician Post Malone once said. "One day you'll realize you forgot the moon while counting the stars." Music has a psychological impact on a person's mental health. Fast tempos can provide us with the energy we need for the day, while slow tempos can keep us calm after a tough one.

Music can have a good, instantaneous effect on our mental state. Since music speaks a universal language, the term "musics" is more accurate, according to psychologists who researched this topic. It is a mass communication medium.

The thoughts expressed through the music may be relatable to many people. According to a Harvard study, listening to soothing music after physical activity can drop blood pressure and pulse rate-after the intense body warm-up.



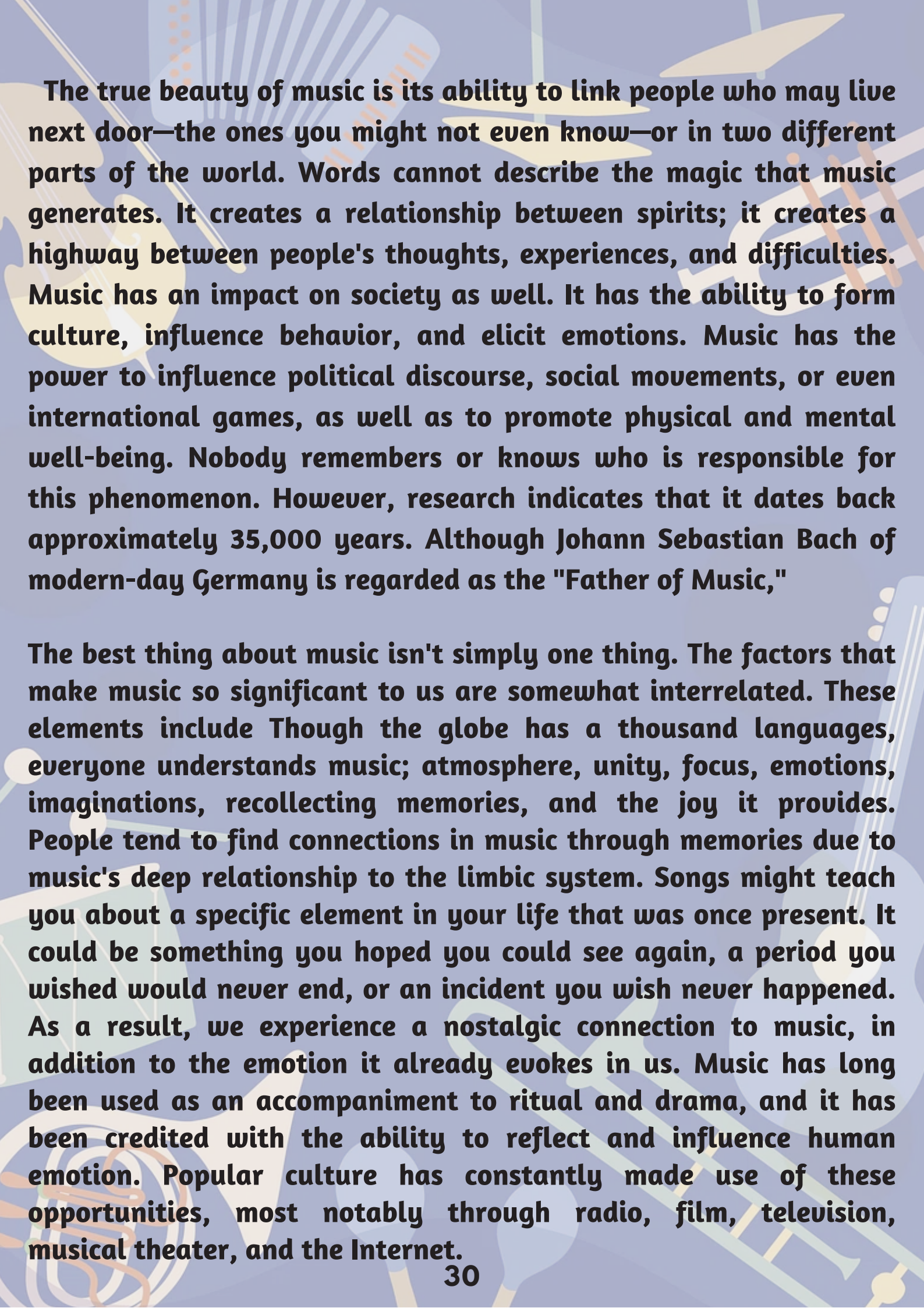
Additionally, it can lift loneliness and social isolation by bringing people together, and it can elevate mood and lessen anxiety. Songs frequently have the ability to say things that cannot be said in words.

Other recent studies have demonstrated that listening to music tends to cause the brain to release particular hormones. Endorphins are released by the neurological system, which lessens stress and discomfort.

The 'feel good' hormones are so-called because people who are depressed often turn to music for solace. An individual's heartbeat matches the rhythm of the music they are listening to. Music can influence behavior by acting as a mood booster, a timer for finishing chores, or a motivator. It might also impact shopping preferences. In order to promote brand awareness, familiarity, and favorable connections with specific items, music is utilized in advertising.

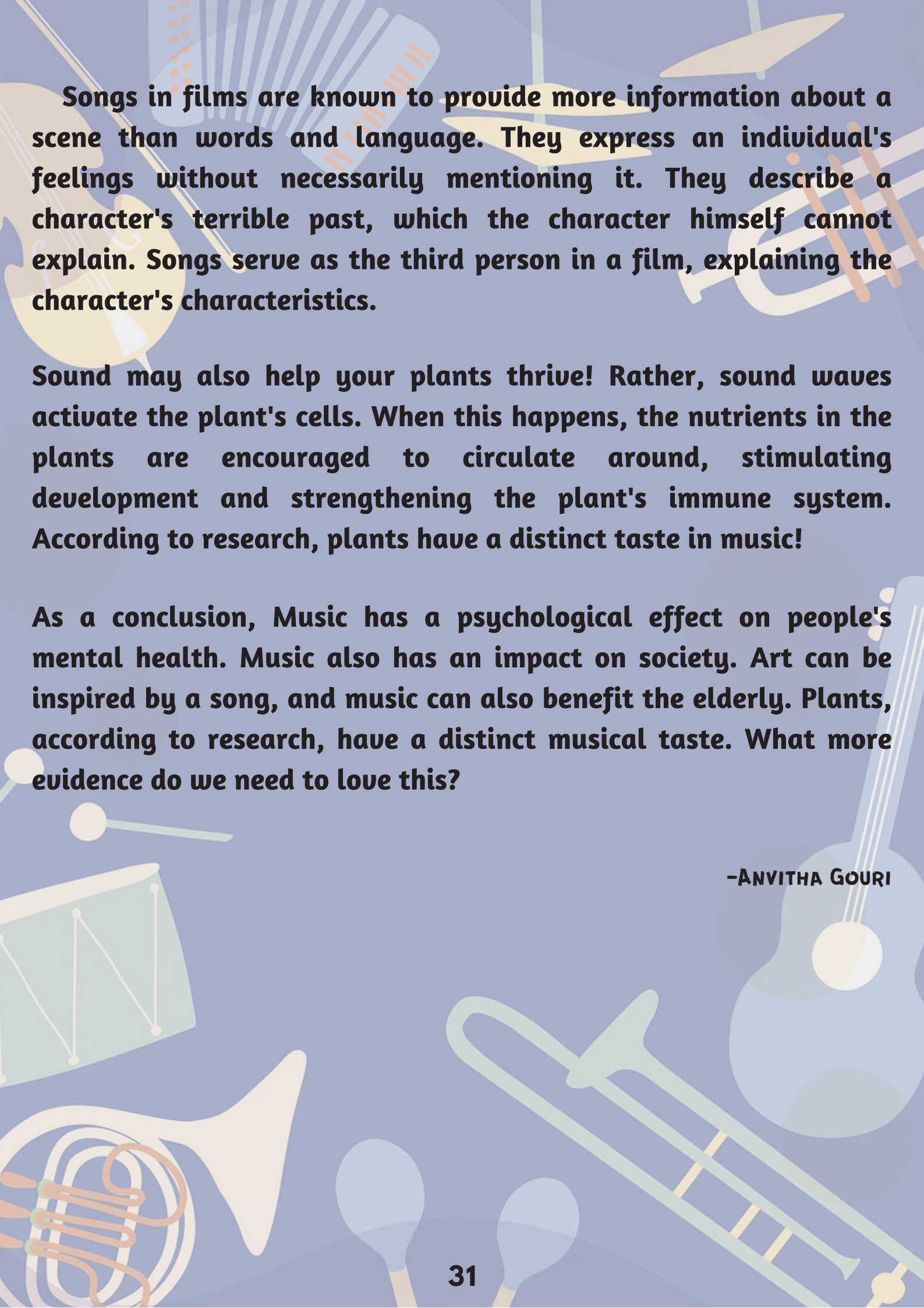
Music offers several practical benefits in addition to its therapeutic benefits, such as sociability, functional enhancement, and self-affirmation. The connection between music's artistic worth and its utilitarian value is convoluted, though.

The experience a person acquires from the music determines its practical worth. Tones, which are recognized to be the saviors of humanity according to science, are produced in a sophisticated manner in music by vibrating air molecules. A music lover or music addict is referred to as a melophile.



The true beauty of music is its ability to link people who may live next door—the ones you might not even know—or in two different parts of the world. Words cannot describe the magic that music generates. It creates a relationship between spirits; it creates a highway between people's thoughts, experiences, and difficulties. Music has an impact on society as well. It has the ability to form culture, influence behavior, and elicit emotions. Music has the power to influence political discourse, social movements, or even international games, as well as to promote physical and mental well-being. Nobody remembers or knows who is responsible for this phenomenon. However, research indicates that it dates back approximately 35,000 years. Although Johann Sebastian Bach of modern-day Germany is regarded as the "Father of Music,"

The best thing about music isn't simply one thing. The factors that make music so significant to us are somewhat interrelated. These elements include Though the globe has a thousand languages, everyone understands music; atmosphere, unity, focus, emotions, imaginations, recollecting memories, and the joy it provides. People tend to find connections in music through memories due to music's deep relationship to the limbic system. Songs might teach you about a specific element in your life that was once present. It could be something you hoped you could see again, a period you wished would never end, or an incident you wish never happened. As a result, we experience a nostalgic connection to music, in addition to the emotion it already evokes in us. Music has long been used as an accompaniment to ritual and drama, and it has been credited with the ability to reflect and influence human emotion. Popular culture has constantly made use of these opportunities, most notably through radio, film, television, musical theater, and the Internet.



Songs in films are known to provide more information about a scene than words and language. They express an individual's feelings without necessarily mentioning it. They describe a character's terrible past, which the character himself cannot explain. Songs serve as the third person in a film, explaining the character's characteristics.

Sound may also help your plants thrive! Rather, sound waves activate the plant's cells. When this happens, the nutrients in the plants are encouraged to circulate around, stimulating development and strengthening the plant's immune system. According to research, plants have a distinct taste in music!

As a conclusion, Music has a psychological effect on people's mental health. Music also has an impact on society. Art can be inspired by a song, and music can also benefit the elderly. Plants, according to research, have a distinct musical taste. What more evidence do we need to love this?

-ANVITHA GOURI

From couch to cosmos

-Reading open's doors !

When we are presented with a book and a computer and are asked to choose, it's a common expectation that we will naturally gravitate towards the computer. If we are inquired about our choice, our answer is often simple: "Reading is boring." However, reading is far from dull; it serves as a bridge between the real world and the vast landscape of one's imagination.

The possibilities of topics you can explore through books are endless, and I assure you that numerous books can captivate your interest.

One of the most popular genres of books is fiction, and it's a personal favourite of mine. Reading fiction is akin to stepping into a dream where even the most bizarre events become possible. On a more educational note, reading is also a powerful tool for learning. You can delve into history, immerse yourself in autobiographies, explore the future, or acquire specific skills through books. In the world of reading, there are no limits, and no one can dictate your choices.

Improving your language skills is also one of the significant benefits of reading books. Reading is not only enjoyable but also an essential aspect of personal growth.

Reading is fun, but most people opt for watching movies over "wasting time on books." Take Harry Potter, for example; it's one of the most recognizable names in the world of cinema.

However, the movies were adapted from J.K. Rowling's Harry Potter books, and it's within the pages of these books that you discover the intricate details that a movie cannot convey. It's these very details that immerse you and draw you deep into the story.

Reading books allows you to see the world from the perspective of different types of people. It educates you about various lives and how different people live. When you follow a character in a book, you grow as they grow, learn as they learn, and begin to live the character's life. You feel pain in times of sorrow and joy in times of happiness and laughter. Books allow you to dream about the life you want to live and help you make it a reality. Remember, you cannot call books boring unless you've tried to read them, and after you try, you will never think that thought again.

“Books are the plane, and the train, and the road. They are the destination and the journey. They are home.” - Anna Quindlen

-DIA KODANDERA

Gist of Art

“Art washes away from the soul the dust of everyday life”

-Pablo Picasso

Everybody has something they like, whether it's related to studying, things they find relaxing or even scrolling through their phones. That's great because everyone needs a hobby, something to do to combat the otherwise monotonous passage of everyday life.

Some find pleasure in music, either belting their vocal cords dry or lost in the familiar pattern of a favourite instrument. Others like dance, and some lose themselves in a sea of vowels and fancy words. Some play sports; some even dedicate their lives to it.



Others love art. Now, of course, art is a broad term. Anything can be art if you think about it. But, if you couldn't tell, this talks about the kind of art you can take a pencil and put on paper. There are many categories in this type of art too.

There's traditional art like the one mentioned before, in it, there's things like acrylic, watercolours, oil paints, crafts made by hand, etc. Then, there's also digital art, it's pretty cool. The best part about it? The undo button.

Don't you just love the feeling of dipping a brush in a bottle of paint and creating what feels like magic for hours and hours? It does, indeed, feel like magic. The strokes on whatever canvas you can have are akin to the burst of energy from a magician's wand. It's something like writing too.



Just like an author spends weeks, maybe years to finish a story and develop his characters, an artist does that with whichever medium they can get their hands on. Framing their story of colour in the end.

It's therapeutic too. Art can reflect a person's emotions. The calm strokes of a landscape or the harsh bold splashes of anger say a lot about a person. Art reflects a person. It is one path people use to find themselves.

-K M KALLATHMIKA

THE CENTIPEDE'S DILEMMA

A Centipede was happy - quite!
Until a toad in fun
Said, 'pray tell me which leg moves after which?
This raised her doubts in such a pitch
She fell exhausted in a ditch
Not knowing how to run.

-Katherine Craster

Not very long ago, a young artist and an author decided to make their masterpiece at the very same time. Neither knew the other, yet both woke up on a fine winter's morning and decided it was time to perfect their respective craft. They had decided to carve themselves a place among the greats, no matter how impractical and impossible it seemed. For they were young and naive, unfamiliar with the ways of the world.

Soon they got to work. The artist painted away, letting heart and soul bleed out on the canvas. The author scratched away on an old yet trusty notebook letting his hand fly, seemingly with a mind of its own.

Both found themselves in a bed of golden roses, so perfect and ethereal. Yet their thorns would never let either get too close, leaving them unable to find the beauty within. They tried hard, yet neither could get the perfection and result they desired. This upset them greatly and both lost themselves as they tried to find a way to understand what they desired. Their families were concerned and begged them to give it up. They refused.

It was only after years they finally figured out what they needed to do, so they did. They accomplished what many thought, and still think, was an impossible feat. With pride in their hearts and a gleam in each eye, they showed off their work proudly.

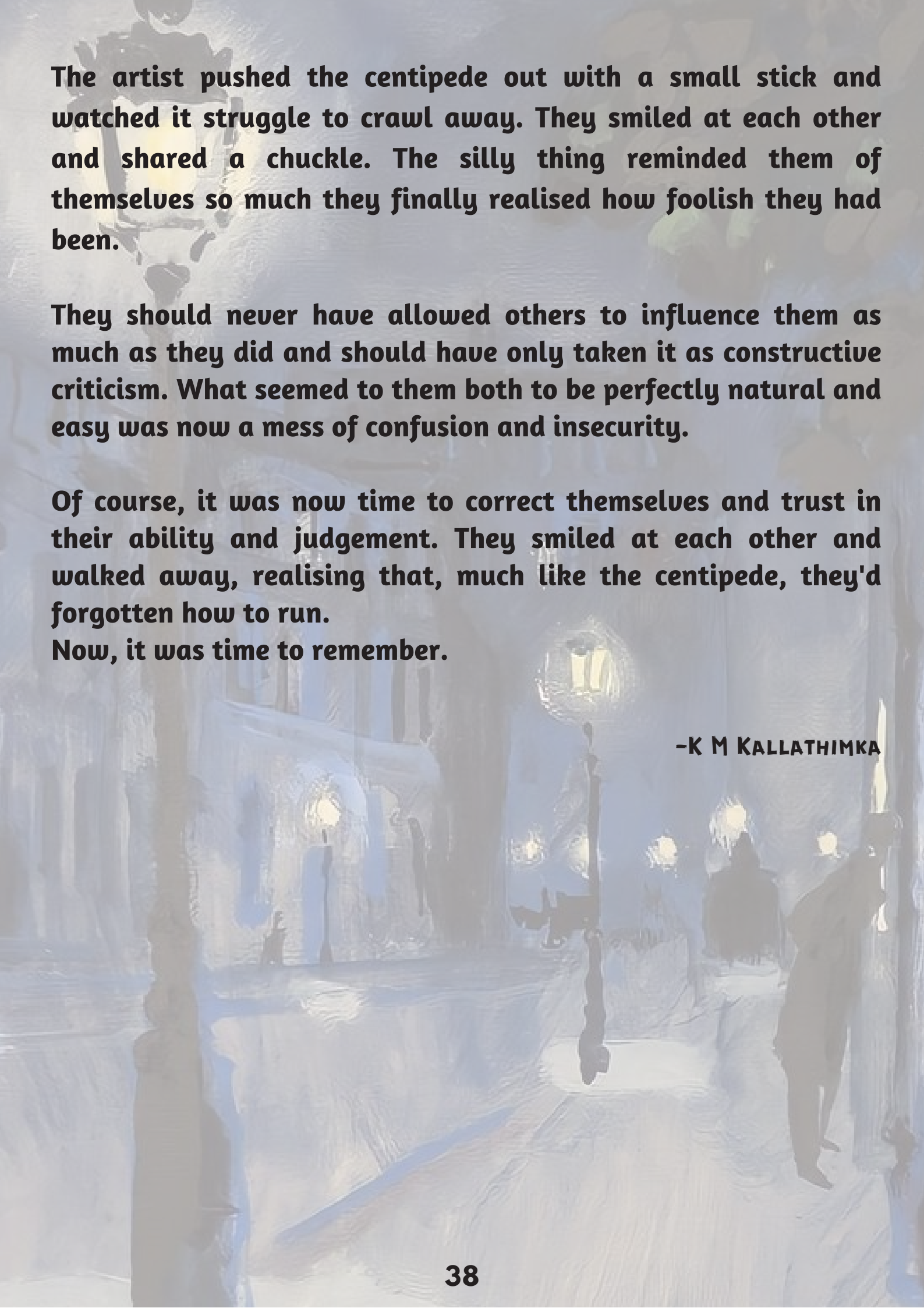
Yet those who saw it were never quite pleased. Masterpieces, though they were, were decidedly not enough for whoever glanced at them and eventually their creators too thought it needed work. So they listened to each complaint, each observation and corrected their mistakes. It was never enough.

Now, after weeks of correction, the painting no longer spoke a thousand words. The golden roses that bled from the heart were now stained an unnatural and horrendous shade of red. The happy children playing in its fields that were once capable of touching anyone's heart now had cold, sharp features and a strange unworldliness that was not at all pleasant.

The sharp, crisp words of the author that were so pleasant and loved were replaced by long complicated sentences that stubbornly refused to interest or engage. The very soul of it was lost, somewhere in happier, more hopeful places.

Both retired unhappily to their rooms, years of work and dedication were destroyed in a couple of weeks. Both took a long walk in the park, ignoring the joyful screams of children, pants from joggers and the way the flowers bowed their heads, looking as if they had sympathy for the two.

They finally met when they both spotted a centipede rolling about in a small ditch. It seemed as if it had forgotten how to walk.



The artist pushed the centipede out with a small stick and watched it struggle to crawl away. They smiled at each other and shared a chuckle. The silly thing reminded them of themselves so much they finally realised how foolish they had been.

They should never have allowed others to influence them as much as they did and should have only taken it as constructive criticism. What seemed to them both to be perfectly natural and easy was now a mess of confusion and insecurity.

Of course, it was now time to correct themselves and trust in their ability and judgement. They smiled at each other and walked away, realising that, much like the centipede, they'd forgotten how to run.

Now, it was time to remember.

-K M KALLATHIMKA

Blank Page

-Creativity is always a leap of faith

Nobody ever really thinks anything when they see a blank page, do they? It's just another random scrap of paper, isn't it? It's not even worth thinking about it.

Anyway, pretty much everybody has watched 'Kung Fu Panda' at least once. It's a fun movie with loads of cool action scenes, drama and even some lessons sprinkled along the way. One scene that was a turning point in the movie was when Master Shifu gave Po the all-important scroll. As Po opens it, both he and the audience shiver and stare with anticipation as the mystery is finally unveiled. But wait, PLOT TWIST! It turns out that the scroll was a simple inconspicuous sheet with nothing on it. Totally blank. It had to be a joke, right? Well, soon enough, Master Shifu reveals the true meaning of the scroll. He tells Po to look carefully. Po soon sees his reflection but nothing else. The scene ends with him realising that the scroll's purpose was to show him that the true power wasn't in the scroll, it was in himself.

The message is that blank pages are not just tools or even 'gifts' from trees. We must see them as reflections of ourselves. A baby is a blank page. No one knows who it is or who it will become. As they grow up, they fill their pages with whatever they see fit. It could be writing, colouring or it could even be moulded into something totally different. It could be absolutely perfect or even a mess. It could be anything. A person can do anything with his blank page, maybe sometimes that's all it is.

This is why we must all treasure and cherish our blank pages. We must use all its potential and craft it into something wonderful. For, who knows, maybe it's all we'll have.

THE BOOK THIEF

-Markus ZUSAK

-Courage beyond words

The Book Thief is written by Markus Zusak which revolves around a thirteen year old girl Liesel Meminger who is adopted by a poor couple. It is set in a poor town of Germany during World War II. The most fascinating part of the story is that the whole story is narrated by Death itself.

The story is slow at first but when a new character, Max Vandenburg, a Jew is introduced, the story gradually becomes highly engaging. Liesel and her foster parents hide Max in their basement who is rescued by Hans Hubberman- Liesel's foster father. Max and Liesel develop a close bonding and find similarities in their interests.

The author also introduces many characters as the story progresses including Rudy Steiner who is Liesel's best friend and neighbour. Then the mayor's wife Ilsa Hermann who encourages Liesel to read books and allows Liesel to steal books from her library. This is how Liesel and the book get the title 'The Book Thief'.

A movie by the same title has been made which is equally amusing. This best-seller is an amazing piece and is definitely a must-read.

SAMRIDDHI GARG

Prevailing Belief

-Fit yourself

Peer pressure is a very common occurrence. Peer pressure is when you do something you aren't likely to do otherwise because of the hope of fitting in a friend's circle. Most people give into peer pressure even though they know better. This could be hard to handle but here are five ways to deal with it.

1. Say “no”: If you feel pressured to do something that you don't want to say no like you mean it. Standing up for yourself is the first step in dealing with peer pressure. You may have friends who like taking risks, but it doesn't mean you have to. You always have the option to say no.

2. Try changing the topic: When someone tries to pressurise you, pretend to think for a while and try changing the subject by asking questions about something else.

3. Make an excuse to leave: If you feel uncomfortable, cook up an excuse to leave like “oh I just remembered that I had to meet my friend for a project”. But make sure your excuse is believable and don't take someone's name whom you don't know.

4. Practice journaling: When you feel overwhelmed due to peer pressure, start journaling to spill out your feelings so that you can sort it out and relieve stress. But make sure that your journal is a safe place to share your emotions and be honest with yourself as you write.



5. Talk to a person whom you trust the most: Sometimes talking to someone can be the best solution to your problems. While facing peer pressure, always talk to an adult or a friend who you think can give you the best advice. It could be your parents, a counsellor or a teacher. Express what you're going through and listen to what they think.

Peer pressure is not always a bad thing. It can also influence you and force you to think positively and learn new values such as kindness, treating people with politeness, etc. But the most important thing is to know what is good for you and what is not and for that it is always crucial to talk to an elder.

-SAMRIDDHI GARG

A full-page background image of a beach at sunset. The sky is a gradient of blue and orange, with the sun low on the horizon. The ocean is a deep blue, and white waves are crashing onto a sandy beach in the foreground. The text "Places and Nature" is overlaid in a large, white, serif font, centered horizontally and vertically.

Places and Nature

TREASURE HUNT

-Unearth the hidden riches !

Minerals containing rare earth elements have become some of the most priced resources globally as countries rush to develop semiconductor industries and transition to clean energy. The Indian government, too, is looking to increase domestic production of rare Earth elements. Here's a look at the state of the country's rare Earth reserves.

WHERE HAVE RARE EARTH RESERVES BEEN FOUND IN INDIA SO FAR?

The Atomic Minerals Directorate for Exploration and Research (AMD), a unit of the Department of Atomic Energy (DAE), has found 13.07 million tonnes of in-situ monazite (55-60% of which comprises oxides of rare earth elements) along the coasts of Kerala, Tamil Nadu, Odisha, Andhra Pradesh, Maharashtra and Gujarat, and in inland parts of Jharkhand, West Bengal and Tamil Nadu, according to a recent response by the DAE in parliament. Today, the Indian and South African deposits still produce some rare-earth concentrates, but they were dwarfed by the scale of Chinese production.

WHAT EXACTLY ARE RARE EARTH ELEMENTS?

The rare-earth elements (REE), also called the rare-earth metals or rare earths or, in context, rare-earth oxides, are a set of 17 nearly indistinguishable lustrous silvery-white soft heavy metals.

Compounds containing rare earths have diverse applications in electrical and electronic components, lasers, glass, magnetic materials, and industrial processes. These metals tarnish slowly in air at room temperature and react slowly with cold water to form hydroxides, liberating hydrogen.

They react with steam to form oxides and ignite spontaneously at a temperature of 400 °C (752 °F). These elements and their compounds have no biological function other than in several specialized enzymes, such as in lanthanide-dependent methanol dehydrogenases in bacteria. Some of the rare-earth elements are named after the scientists who discovered them, or elucidated their elemental properties, and some after the geographical locations where they were discovered.

NAMES OF THE 17 RARE EARTH ELEMENTS:

- 1.Scandium(Sc)**
- 2.Yttrium(Y)**
- 3.Lanthanum(La)**
- 4.Cerium(Ce)**
- 5.Praseodymium(Pr)**
- 6.Neodymium(Nd)**
- 7.Promethium(Pm)**
- 8.Samarium(Sm)**
- 9.Europium(Eu)**
- 10. Gadolinium(Gd)**
- 11.Terbium(Tb)**
- 12. Dysprosium(Dy)**
- 13.Holmium(Ho)**
- 14.Erbium(Er)**
- 15.Thulium(Tu)**
- 16.Ytterbium(Yb)**
- 17.Lutetium(Lu)**

-SHUDDHI LOKESH

India

The Land of a Billion Dreams

India is a country with diverse traditions and cultural heritage, including people with incredible skills. I bet you won't stop loving this country if you visit once.

Yes, the roads in some cities may be messy, but you will have never seen such beautiful places, monuments, or buildings that you will find in India or anywhere else in the world.

Here, there are people from different states, religions, and languages, but each one of us in India is united, helps each other, and has immense patriotism. The people of India will always welcome everyone with open arms and a lot of respect.

The cuisines made in Indian homes, restaurants, etc., are loved worldwide for their flavorful dishes. Some are cooked from very old recipes. Here we have one of the top IT and innovation industry centers, which is the global hub for innovation and technology



The achievements of Indians are never-ending. From ISRO reaching milestones to sports, dance, and singing achievements, are the most inspiring.



You can't take your eyes off places like the Taj Mahal, Jaipur Palace, and many more historical places. The festivals are the best days you spend here. Indian history is the most interesting and the one that teaches you a lot of lessons.

Indians are the best at hospitality, the ones who know how to bring inner peace through yoga, meditation, and many more, skilled also in dance, drama, and drawing, which represent and define our country. I love my country very much, and I can never find such a country where my heart finds a home and where everything inspires me to be the best.

-KRUPA V

Rudrapatna

-Temple of music

Situated in the Arkalgud Taluk of Hassan district, Rudrapatna has gained fame in the world as being a town that embodies music. Sporting a rich musical legacy from almost 300 years, this small town's beautiful musical environment attracts musicians in hordes, even today. The serenity and divinity of this place can only be recognised by those who can understand and appreciate the value of music. To others, it is but a speck of land on a vast map. It is a popular saying that every nook and corner of this town is a manifestation of Nada, even the smell of the red soil common to the place, is but musical

The main features of this magnificent town are the Saptaswara Devata Dhyana Mandira, The Dwadasha Swara Pillars, the 1000 year old Chennakeshava Temple, and the Rama Mandira, among others.

The Saptaswara Temple, constructed in the shape of a Tanpura, is the brainchild of the famed Carnatic musician, Vidwan. Dr. R.K Padmanabha, who hails from the Rudrapatna village. This temple is dedicated to the seven notes of Carnatic Music, or the saptaswaras, symbolised by seven prominent musical figures. Sa personifies Saraswati, the goddess of learning, Ri embodies Purandaradasa, the father of Carnatic Music, while Ga identifies with Vadiraja, a prominent Haridasa. Ma, the middle note, refers to Kanakadasa, a famous composer of Kannada sahitya. The notes Pa, Da and Ni refer to Shri Tyagaraja, Muttuswami Dikshitar and Shyama Shastri respectively, who are collectively famous as the Trinity of Carnatic Music. The specialty of this temple is that all the Sevas or rituals, be it an Aarati or an Archana, are performed according to the tenets of music.



Within the temple complex, is situated the Dwadasha(12) Swara Hall, in which there are 12 pillars, signifying each of the twelve notes in Carnatic music. When struck with a hammer-like tool, each pillar resounds a particular musical note. The Chennakeshava Temple, known to be over a thousand years old, stands witness to the impeccable style of architecture of the Hoysala kings.

This town is also known for the 'Rudrapatna Aradhana Mahotsava', which takes place in mid-May, year after year. Various esteemed, as well as younger artistes are invited to perform in the Rama Mandira, in honour of the celebration of music.

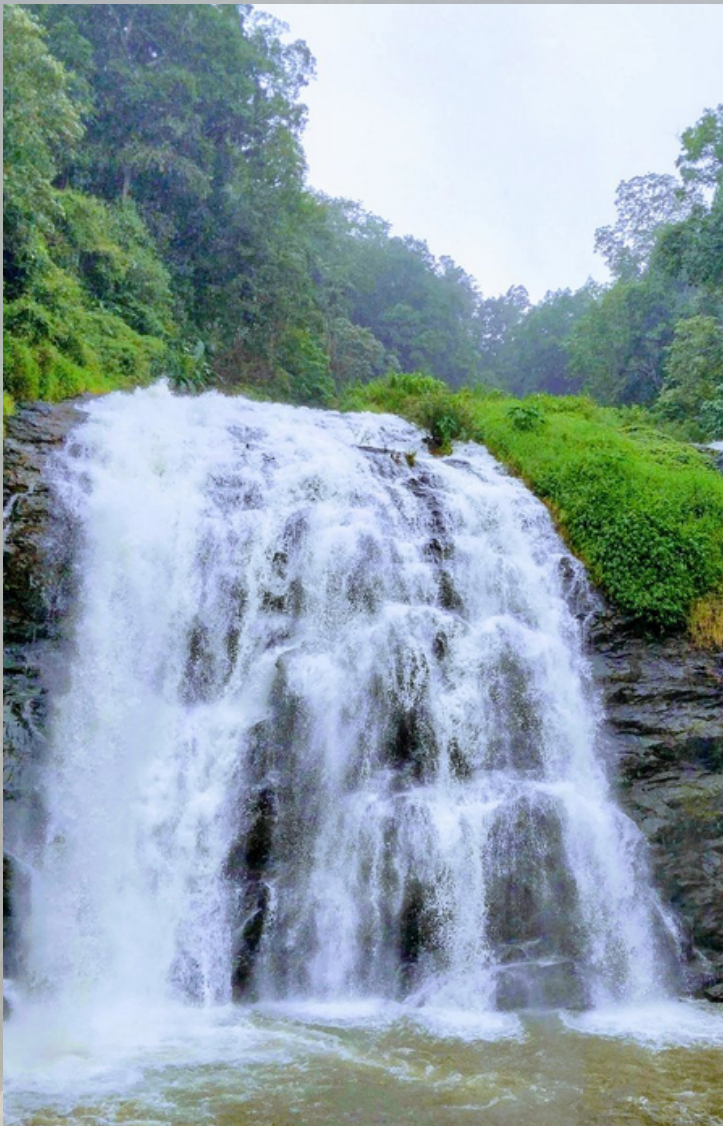
Rudrapatna's legacy still lives on. It is the home of many renowned artists, like: Vid. Dr. R.K Padmanabha ,Vidu. R. N Srilatha, Rudrapatnam Brothers, Vid. RK Shriram Kumar, Vid. R.N Suryanarayana, etc. These artistes have upheld their musical roots, and shown the world that although Rudrapatna is a small village, it holds a big treasure. This small town is the only standing witness to the years of musical heritage passed down from generation to generation. It is a living reminder of the true wealth of our nation, and how we should treasure it dearly.

-RAMAA SAHASRA ANJANA MATAM

Coorg

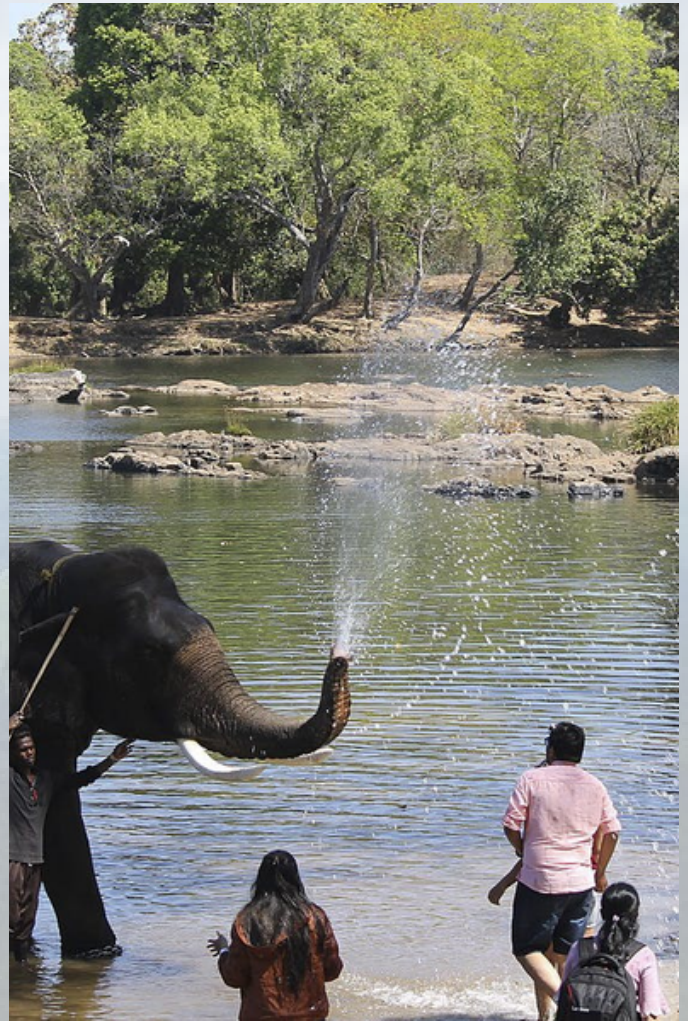
-Nature lover's paradise

Coorg is a district in South India and is situated in the southern part of Karnataka. Coorg is known for its coffee, tea and pepper production. It is the highest producer of coffee in South India. Coorg is a very famous tourist attraction for the people who live in South India, the causing factor being its vast forests, wildlife and fruits found there. It also has a lot of temples, falls and camps.



Some of the most famous attractions are the Abbey Falls which is in Hebbettageri, 8 km away from Madakeri. Another very famous attraction is the Madikeri fort. When I visited the Madikeri fort, an archaeologist told us the history of the fort. As soon as we stepped into the fort, we could see a sculpture of a tortoise bearing the initials of the king Vijayarajendra and two life-size replicas of elephants.

Another attraction of Coorg is the Dubare elephant camp. When I had visited, we were allowed to feed the animals and also bathe the animals which was a fun experience. Coorg also has a Tibetan colony where there was a Tibetan temple called the Golden Temple. It was a 40-foot temple with a Lord Buddha sculpture and had a multicoloured wall from the outside. There was also a Tibetan market close by, where we could buy different sculptures of Buddha and many more things



The Nagarahole National Park is yet another attraction of Coorg, this park is mainly known for the number of tigers here. The last and the most famous place of Coorg is the Raja's Seat where the Rulers of Coorg sat, It was a type of throne made of bricks and mortar and consists of four pillars that are bridged by arches. Now these are just a few of the places to visit or tourist attractions of Coorg, there are many more to visit. It is one of the most beautiful places to visit in the whole of South India.

-ANVI POOVANNA

Poetry



Just one Earth

**Global warming-such a bad thing,
Stop polluting and start helping.
Greenhouse gases cause global warming,
Inform everyone about the scientist's warning.**

**The percentage of CO₂ is 0.04,
If we continue this, our future will be very sour.
CO₂ is the reason for pollution,
We have to do something and find the solution.**

**We have to reduce pollution, but how?
Follow the 4 R's from now.
We will soon run out of fossil fuels,
We better use biofuels.**

**Now switch to electric cars and start driving,
So unlike the diesel & petrol cars which have been polluting.
Our Mother Earth is the only world for us,
So, we ought to be serious.**

-AKUL ANAND

Unwavering Support in Adversity

Even through the toughest nights, thee shall be with me,
if may the fellowship not embrace thee,
thee may live independently, serenely.
Thy attention may not be focused on,
for I have not been through it once.
I would never love to undergo,
To lose his fame and repute.
If the community makes thy situation cursed or jinxed,
remember, I shall stand for thee.
For a person who has an altruistic heart,
he shall do his part.

Summary:

The poem conveys a message of support and loyalty through difficult times. It speaks of a person who promises to be there for someone, even when others may not provide fellowship or attention. The speaker suggests that they have experienced hardship themselves and wouldn't wish it upon anyone, emphasizing the importance of maintaining one's reputation. Despite the possibility of society labeling the person as cursed or jinxed, the speaker reassures that they will stand by their side. The poem also highlights the value of a kind and selfless heart, indicating that such a person will always do their part to help others.

-AVANEESH K

Nature

**In forests, the trees so green and tall
Where animals live, big and small**

**Flowers that bloom so bright
Under the morning sunlight**

**Mountains tall with peaks of snow
Where eagles soar and rivers flow**

**The oceans so vast, a world untamed
With crashing waves and creatures unnamed**

**Let's embrace our beautiful earth
Nature's gift of endless worth.**

-MAYUKAA R

A GIFT FROM THE SEA

In a creaky house by the sea,
lies something you might never believe.
A forsaken plea
of a girl who'd never dare to wonder.

Her only friend,
the sand and sea
did little to mend,
Her lonely heart

All alone in a forgotten chamber.
She'd sing songs
no one cared to remember,
All except one, you see.

So along came someone new.
One she could share and wonder with
She finally knew
What it meant to be one of two.

So they'd laugh and they'd cry,
for months together.
All while painting the midnight sky,
until it was time for her new friend to fly

New friends left as quickly as they came,
None quite enough to fix the hole in her heart.
Now all there was left of the one she could never blame,
Were unfinished letters left in the storeroom of a house by the
sea

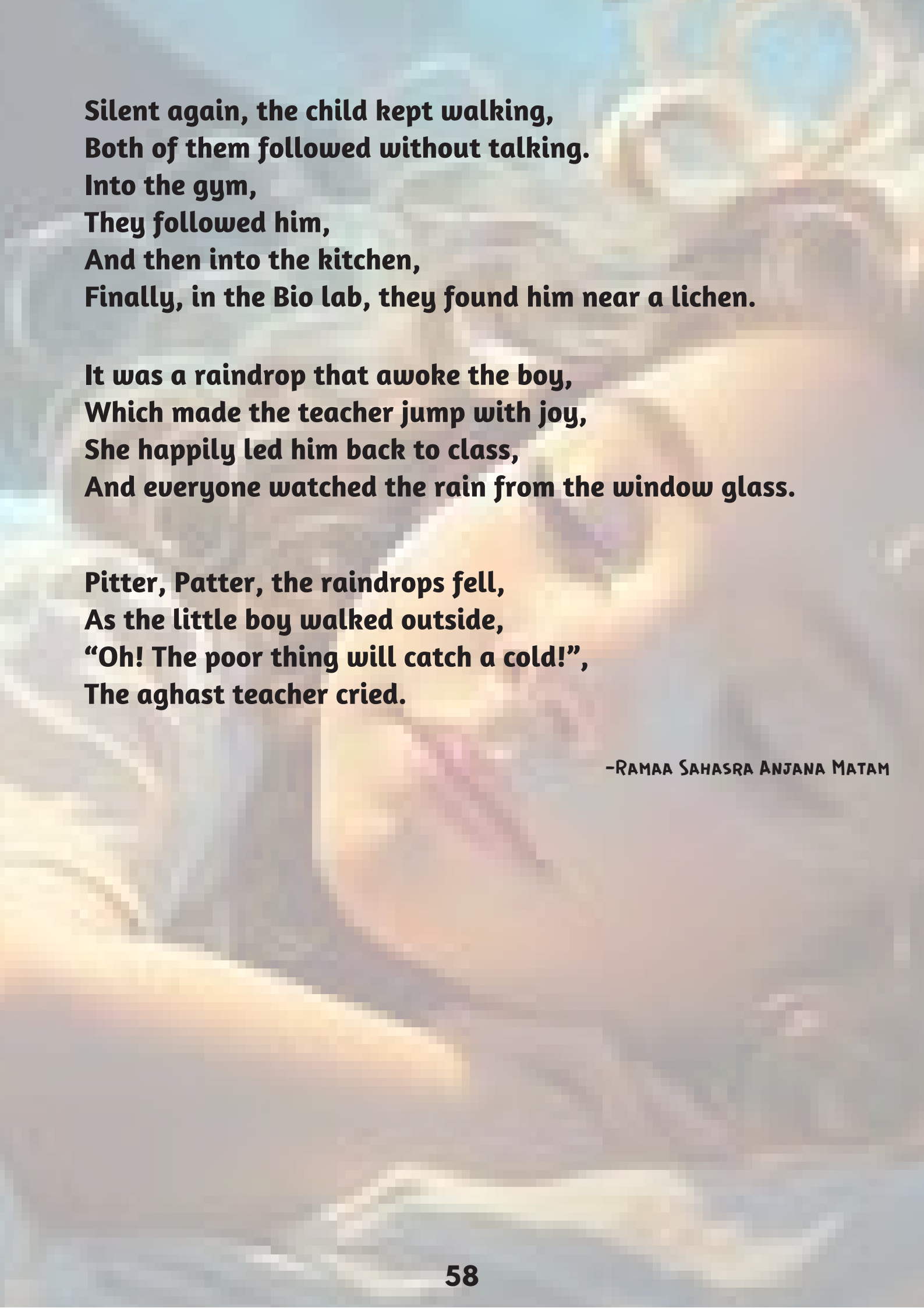
Sweet Dreams

**We started some Grammar today,
Verbs and Nouns swept us away,
To our own silly little thoughts,
Fully forgetting what was being taught.**

**The warm breeze made us sleepy,
Which made the quiet class seem creepy,
And the poor teacher, who was rather pleasant,
Did not realise we were not present!**

**She was sincerely teaching, when a snore arose,
In the middle of her sentence, the teacher froze,
She turned around,
Towards the sound,
And what she saw rooted her to the ground!**

**A sleepwalking child,
Like a zombie wild,
Going towards the door,
The horrified teacher, her lovely face pale,
Almost dropped to the floor!
She regained her composure and picked up her phone,
And called the janitor so she wouldn't be alone,
When she came, they followed,
The walking child, until he bellowed,
"Where did you go, Mommy?"
The teacher cried, "Oh! Poor Tommy!"**



**Silent again, the child kept walking,
Both of them followed without talking.
Into the gym,
They followed him,
And then into the kitchen,
Finally, in the Bio lab, they found him near a lichen.**

**It was a raindrop that awoke the boy,
Which made the teacher jump with joy,
She happily led him back to class,
And everyone watched the rain from the window glass.**

**Pitter, Patter, the raindrops fell,
As the little boy walked outside,
“Oh! The poor thing will catch a cold!”,
The aghast teacher cried.**

-RAMAA SAHASRA ANJANA MATAM

A Baby's Perspective

**Every day in my life is something new,
And my wants and needs are very few,
Each day, I order a new lullaby,
Sung while I lay down and sleepily sigh.**

**My parents, of course, are the best I've seen,
Bestowing upon me every splendour and sheen
When I grow, will they still be so keen?
And will I still be so pretty and preen?**

**Every relation longs to hold me,
My cute little face, they want to see
All my fans, they love to be,
Aha! But all that lies with me!**

-RAMAA SAHASRA ANJANA MATAM



Artstravağanza



ANJANA MATAM





AVANEESH



KALLATHMIKA M



VANISHA .V



ಎನ್ ಪಿ ಎಸ್ ಐ ಮೈಸೂರು
ಕನ್ನಡ



ಸಮ್ಮಿಲನ

ಹೆಸರಾಯಿತು ಕರ್ನಾಟಕ
ಉಸಿರಾಗಲಿ ಕನ್ನಡ !

ತರಗತಿ ೮ “ಸಿ” ಬ್ಯಾಚ್ ೨೦೨೩-೨೪



Futash
19/11/23

ಗಂಡ ಭೇರುಂಡ

ಗಂಡ ಭೇರುಂಡ ಎರಡು ತಲೆಯ ಪಕ್ಷಿಯಾಗಿದ್ದು, ಅದನ್ನು ವಿಷ್ಣುವಿನ ರೂಪ ಎಂದು ಭಾವಿಸಲಾಗಿದೆ. ಇದು ಅಗಾಧವಾದ ಮಾಂತ್ರಿಕ ಶಕ್ತಿಯನ್ನು ಹೊಂದಿದೆ ಎಂದು ನಂಬಲಾಗಿದೆ. ಗಂಡ ಭೇರುಂಡವು ಒಡೆಯರ್ ಆಳ್ವಿಕೆಯಲ್ಲಿ ಹಿಂದಿನ ಮೈಸೂರು ಸಾಮ್ರಾಜ್ಯದ ಲಾಂಛನವಾಗಿತ್ತು ಮತ್ತು ಭಾರತಕ್ಕೆ ಸ್ವಾತಂತ್ರ್ಯ ಬಂದ ನಂತರ ಇದನ್ನು ಮೈಸೂರು ರಾಜ್ಯವು ತನ್ನ ಲಾಂಛನವಾಗಿ ಉಳಿಸಿಕೊಂಡಿದೆ. ಮೈಸೂರು ರಾಜ್ಯವನ್ನು 1956 ರಲ್ಲಿ ವಿಸ್ತರಿಸಲಾಯಿತು ಮತ್ತು 1973 ರಲ್ಲಿ 'ಕರ್ನಾಟಕ' ಎಂದು ಮರುನಾಮಕರಣ ಮಾಡಲಾಯಿತು. ನಂತರ ಗಂಡಭೇರುಂಡವು ಕರ್ನಾಟಕದ ಅಧಿಕೃತ ರಾಜ್ಯ ಲಾಂಛನವಾಗಿ ಮುಂದುವರಿಯುತ್ತದೆ. ಇದನ್ನು ಕರ್ನಾಟಕ ರಾಜ್ಯ ಸರ್ಕಾರದ ಅಧಿಕೃತ ಲಾಂಛನವಾಗಿ ಬಳಸಲಾಗುತ್ತಿದೆ. ಇದು ವಿನಾಶದ ಶಕ್ತಿಗಳ ವಿರುದ್ಧ ಸ್ಥಿತಿಸ್ಥಾಪಕತ್ವವನ್ನು ಪ್ರತಿನಿಧಿಸುತ್ತದೆ ಎಂದು ನಂಬಲಾಗಿದೆ. ಇದು ಹಿಂದೂ ದೇವಾಲಯಗಳಲ್ಲಿ ಸಂಕೀರ್ಣವಾದ ಕೆತ್ತಿದ ಶಿಲ್ಪದ ಲಕ್ಷಣವಾಗಿ ಕಂಡುಬರುತ್ತದೆ.

-ಸಾನ್ವಿ ಎಸ್

ಪರಿವಿಡಿ

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ಕೇಳಿ ನನ್ನ ಧ್ವನಿ!

ಕಾವೇರಿ ನದಿ

ಈಗ ಎಂಥ ಅವಳ ವಿಧಿ!

ಪರಿವರ್ತನೆಗೊಂಡಿರುವಳು ಜಗಳದ ಬದಿಯಾಗಿ!

“ಜುಳು ಜುಳು ಎಂದು ಹರಿಯಲು ನೀಡಿ ಸವಲತ್ತು!

ಮಿಂಚುತ್ತಾ ನೃತ್ಯ ಮಾಡಲು
ನನ್ನ ಹೆಸರು ಎಲ್ಲೆಡೆ ಸಾರಲು!”

“ಸಾಕೆನ್ನ ಮೇಲೆ ದೌರ್ಜನ್ಯ!
ಈಗಲೇ ನಿಲ್ಲಿಸಿ ನನ್ನ ಮಾಲಿನ್ಯ!
ಸೇರಲು ಬಿಡಿ ಸಾಗರಾರಣ್ಯ!”

“ನನಗೆ ದಾರಿ ಸೂಚಿಸಬೇಡಿ!
ಓ ಸರ್ಕಾರ!
ಯಾರು ನೀಡಿದ್ದು ನಿಮಗೆ ಈ ಅಧಿಕಾರ?”

“ನಾನು ಮೌನವಾಗಿದ್ದರೆ ಚಂದ!
ಕುಪಿತಳಾಗಿ ಪ್ರವಹಿಸಿದರೆ ಎಲ್ಲೆಡೆ ದೊಡ್ಡ ದೊಡ್ಡ ಪದವೃಂದ!
ನೀವೇ ಇದಕ್ಕೆ ಕಾರಣ!
ನಿಮ್ಮ ಕೈಯಲ್ಲಿಯೇ ನಿಮ್ಮ ಮರಣ! ಹರಣ!”

-ತನ್ಮಯಿ ಎಸ್ ಚೌಡಿಪುರ

ಕರುನಾಡು - ಒಂದು ಇಣುಕು ನೋಟ!!

ದಕ್ಷಿಣ ಭಾರತದ ರಾಜ್ಯವಾದ ಕರ್ನಾಟಕವು ಸಾವಿರಾರು ವರ್ಷಗಳ ಶ್ರೀಮಂತ ಮತ್ತು ವೈವಿಧ್ಯಮಯ ಇತಿಹಾಸವನ್ನು ಹೊಂದಿದೆ. ಆರಂಭದಲ್ಲಿ 'ಮೈಸೂರು ರಾಜ್ಯ' ಎಂದು ಕರೆಯಲಾಗುತ್ತಿದ್ದ ಈ ನಾಡು, 1947 ರಲ್ಲಿ ಸ್ವತಂತ್ರ ಭಾರತದ ಭಾಗವಾಯಿತು. 1973 ರಲ್ಲಿ ಇದನ್ನು 'ಕರ್ನಾಟಕ' ಎಂದು ಮರುನಾಮಕರಣ ಮಾಡಲಾಯಿತು.

'ಬೆಂಗಳೂರು' ಅದರ ರಾಜಧಾನಿಯಾಗಿ ಅದರ ಪ್ರಸ್ತುತ ಸ್ವರೂಪಕ್ಕೆ ಮರುಸಂಘಟಿಸಲಾಯಿತು. ವಿವಿಧ ರಾಜವಂಶಗಳು ಮತ್ತು ಆಡಳಿತಗಾರರ ಕೊಡುಗೆಗಳೊಂದಿಗೆ ಕರ್ನಾಟಕವು ವೈವಿಧ್ಯಮಯ ಸಾಂಸ್ಕೃತಿಕ ಪರಂಪರೆಯನ್ನು ಹೊಂದಿದೆ. ಇಂದು, ಇದು ರೋಮಾಂಚಕ ಸಂಸ್ಕೃತಿ, ಐಟಿ ಉದ್ಯಮ, ಐತಿಹಾಸಿಕ ಸ್ಮಾರಕಗಳು ಮತ್ತು ನೈಸರ್ಗಿಕ ಸೌಂದರ್ಯಕ್ಕೆ ಹೆಸರುವಾಸಿಯಾಗಿದೆ.

ಕರ್ನಾಟಕವು ಪ್ರಾಥಮಿಕವಾಗಿ ತನ್ನ ಪಾರಂಪರಿಕ ತಾಣಗಳು ಮತ್ತು ಅದರ ವನ್ಯಜೀವಿ ಉದ್ಯಾನವನಗಳಿಗೆ ಹೆಸರುವಾಸಿಯಾಗಿದೆ. ಅದರ ಹೊರತಾಗಿ, ಇದು ತನ್ನ ಮಾಂತ್ರಿಕ ಗಿರಿಧಾಮಗಳು, ಅದ್ಭುತ ಜಲಪಾತಗಳು, ಯಾತ್ರಾ ಕೇಂದ್ರಗಳು ಮತ್ತು 309.59 ಕಿ.ಮೀ ಉದ್ದದ ಸುಸ್ಥಿತಿಯಲ್ಲಿರುವ ಕಡಲತೀರಗಳಿಂದ ಕೂಡಿದೆ.

-ಅನಿಕಾ ಗಣಪತಿ

ಕನ್ನಡಿಗರ ದನಿ

ಭಾಷೆಯ ಉಳಿವು ಅಳಿವು ನಮ್ಮ ಕೈಯಲ್ಲಿ

ಕನ್ನಡ, ಭಾರತದ ಅತ್ಯಂತ ಸಂಪದ್ಭರಿತವಾದ ಭಾಷೆಗಳಲ್ಲಿ ಒಂದು. ಸುಮಾರು ಎರಡು ಸಾವಿರ ವರ್ಷಗಳಿಗೂ ಹೆಚ್ಚು ಕಾಲದ ಇತಿಹಾಸವನ್ನು ಹೊಂದಿರುವ ಈ ಭಾಷೆಯನ್ನು ದಕ್ಷಿಣ ಭಾರತದ ಸುಮಾರು 6 ಕೋಟಿಗೂ ಹೆಚ್ಚು ಜನರು ತಮ್ಮ ಮಾತೃಭಾಷೆಯಾಗಿ ಮಾತನಾಡುತ್ತಾರೆ. ಆದರೆ ಇತ್ತೀಚಿಗೆ ಜಾಗತೀಕರಣ ಮತ್ತು ಪಾಶ್ಚಾತ್ಯೀಕರಣಗಳ ಕಾರಣದಿಂದಾಗಿ ಕನ್ನಡ ಭಾಷೆಯ ಶುದ್ಧತೆ ಹಾಳಾಗುತ್ತಿದೆ. ಈ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಕನ್ನಡ ಭಾಷೆಯನ್ನು ಅಭಿವೃದ್ಧಿಗೊಳಿಸುವ ಮಾರ್ಗಗಳು ಯಾವುದು ಎಂಬುದನ್ನು ಚಿಂತಿಸಬೇಕಿದೆ.

ಇಂದು ಜಗತ್ತಿನಾದ್ಯಂತ ಮಾಹಿತಿ. ತಂತ್ರಜ್ಞಾನದ ಪ್ರಗತಿಯ ಕಾರಣದಿಂದಾಗಿ ಜ್ಞಾನ ಪ್ರವಾಹವು ಹರಿಯುತ್ತಿದೆ. ಇದರ ಉಪಯೋಗವನ್ನು ಕನ್ನಡಿಗರು ಪಡೆದುಕೊಳ್ಳಬೇಕಾದರೆ ಆ ಮಾಹಿತಿಯೂ ಕನ್ನಡಕ್ಕೆ ಅನುವಾದಗೊಳ್ಳಬೇಕು. ಅದೇ ರೀತಿಯಲ್ಲಿ ಕನ್ನಡದಲ್ಲಿ ರಚಿತವಾಗಿರುವ ಅಪರೂಪದ ಕೃತಿಗಳು ಇಂಗ್ಲೀಷ್ ಸೇರಿದಂತೆ ಅನೇಕ ಪಾಶ್ಚಾತ್ಯ ಭಾಷೆಗಳಿಗೆ ಅನುವಾದ ಗೊಳ್ಳಬೇಕಾದ ಅಗತ್ಯವೂ ಇದೆ. ಈ ಕೊಡುಕೊಳ್ಳುವಿಕೆಯಿಂದಾಗಿ ಕನ್ನಡವು ಸಂಪದ್ಭರಿತವಾಗುವುದಲ್ಲದೆ ಕನ್ನಡಿಗರ ಸಾಧನೆಯ ಪರಿಚಯವು ಜಾಗತಿಕ ಮಟ್ಟದಲ್ಲಿ ಆಗುತ್ತದೆ.

>>>

ಈ ಎಲ್ಲ ರೀತಿಯ ಅಭಿವೃದ್ಧಿಯು ಆಗಬೇಕಾದರೆ
ಮೊಟ್ಟಮೊದಲಿಗೆ ಕನ್ನಡಿಗರಿಗೆ ಕನ್ನಡದ ಬಗ್ಗೆ ಅಭಿಮಾನ
ಬೆಳೆಯಬೇಕು . "ಇದು ನಮ್ಮ ಭಾಷೆ, ನಾವೇ, ಇದನ್ನು ಉಳಿಸಿ
ಬೆಳೆಸದಿದ್ದರೆ ಮತ್ಯಾರೂ ಆ ಕೆಲಸವನ್ನು ಮಾಡಲಾರರು" ಎಂಬ
ಪ್ರಜ್ಞೆ ನಮ್ಮಲ್ಲಿ ಮೂಡಬೇಕು. ಹೊಟ್ಟೆಪಾಡಿಗಾಗಿ ಯಾವ
ಭಾಷೆಯನ್ನು ಬೆಳೆಸಿದರು ಕನ್ನಡವನ್ನು ಹೃದಯದ ಭಾಷೆಯಾಗಿ
ಉಳಿಸಿಕೊಳ್ಳಬೇಕು. ಹಾಗಾದಾಗ ಮಾತ್ರ ಕನ್ನಡದ
ಹಿರಿಮೆಯನ್ನು ಕಾಪಾಡಿ ಅಭಿವೃದ್ಧಿಗೊಳಿಸಿದ ಹಾಗೆ ಆಗುತ್ತದೆ.

-ಚಿನ್ನಯ ಕೆ

ಸಿರಿ ಕನ್ನಡ

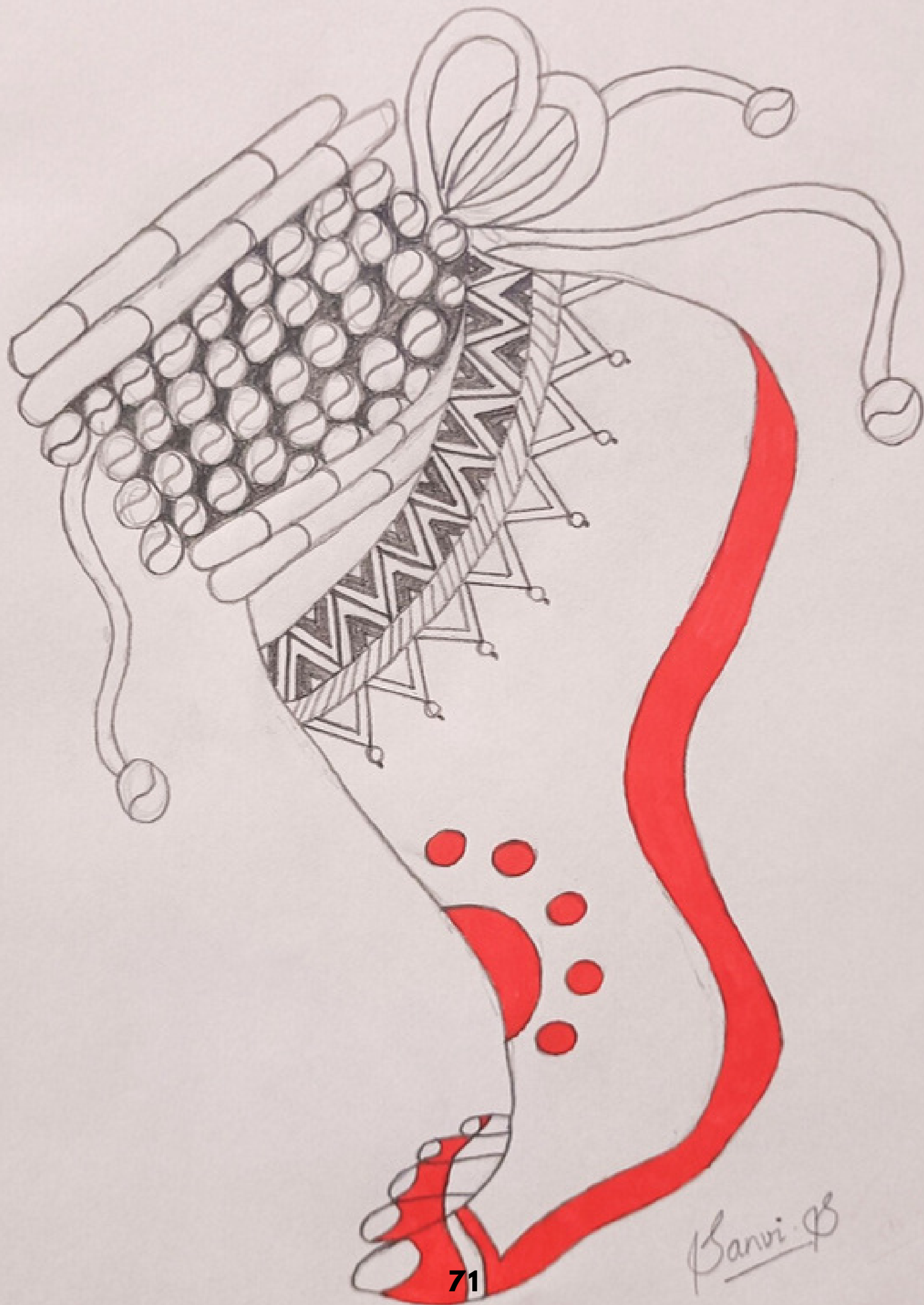
ನನ್ನ ಮಾತೃಭಾಷೆ ಕನ್ನಡ,
ನಮ್ಮ ನಾಡ ಭಾಷೆ ಕನ್ನಡ,
ನಮ್ಮ ತನುಮನಗಳಲ್ಲಿ ಬೇರೂರಿದ ಕನ್ನಡ,
ಪ್ರತಿ ಕನ್ನಡಿಗನ ಹೆಮ್ಮೆ ಈ ಕನ್ನಡ !

ಕಸ್ತೂರಿಯ ಕಂಪು ಸೂಸುವ ಕನ್ನಡ,
ಕೇಳುಗರಿಗೆ ಕೋಗಿಲೆಯ ಸುಮಧುರ ಹಾಡು ಕನ್ನಡ,
ದಾಸ ಶ್ರೇಷ್ಠರು ಹಾಡಿ ಹೊಗಳಿದ ಭಾಷೆ ಕನ್ನಡ,
ಕನ್ನಡ ಕವಿಗಳು ಕೊಂಡಾಡುವ ನುಡಿ
ಈ ಕನ್ನಡ !

ಪ್ರಾಚೀನ ಪಾರಂಪರಿಕ ಭಾಷೆ ಕನ್ನಡ,
ಕಲೆ ಸಂಸ್ಕೃತಿಗಳ ಹೊನ್ನಗಣಿ ಕನ್ನಡ,
ನಮ್ಮೆಲ್ಲರ ಅಕ್ಕರೆಯ ಭಾಷೆ ಕನ್ನಡ,
ಬೆಲ್ಲ ಸಕ್ಕರೆ ಸವಿದಂತಿರುವ ನುಡಿ ಈ ಕನ್ನಡ!

ಮಕ್ಕಳಾಡುವ ತೊದಲು ನುಡಿ ಕನ್ನಡ,
ಹಿರಿಯರ ಹಿತವಚನವೂ ಕನ್ನಡ,
ಭಾವೈಕ್ಯತೆ ಮೂಡಿಸುವ ನುಡಿ ಕನ್ನಡ,
ಜ್ಞಾನ ಪೀಠ ಪ್ರಶಸ್ತಿ ಗಳಿಗೆ ಸ್ಪೂರ್ತಿ ಈ ಕನ್ನಡ!

~ದೇವಿಕಾ ರೋಶನ್



ನಾಡಹಬ್ಬ ಮೈಸೂರು ದಸರಾ ಎಷ್ಟೊಂದು ಸುಂದರ!!

ಮೈಸೂರು ದಸರವು ಭಾರತದಲ್ಲಿ ಕರ್ನಾಟಕ ರಾಜ್ಯದ ನಾಡಹಬ್ಬ ಆಗಿದೆ. ಇದು ೯ ದಿನಗಳ ಹಬ್ಬವಾಗಿದ್ದು, ನವರಾತ್ರಿ ಎಂದು ಹೆಸರು ಪಡೆದಿದೆ. ಹೆಸರೇ ಹೇಳುವಂತೆ ೯ ರಾತ್ರಿಗಳ ಕಾಲ ನಡೆಯುವ ಈ ಉತ್ಸವ ಹತ್ತನೆಯ ದಿನವಾದ ವಿಜಯದಶಮಿಯೊಂದಿಗೆ ಮುಕ್ತಾಯಗೊಳ್ಳುತ್ತದೆ. ಈ ಹಬ್ಬವನ್ನು ಹಿಂದೂ ಕ್ಯಾಲೆಂಡರ್ ತಿಂಗಳ ಅಶ್ವಿನ್ ನಲ್ಲಿ ಹತ್ತನೇ ದಿನದಂದು ಆಚರಿಸಲಾಗುತ್ತದೆ. ಇದು ಸಾಮಾನ್ಯವಾಗಿ ಅಕ್ಟೋಬರ್ ಮತ್ತು ಸೆಪ್ಟೆಂಬರ್ ಗ್ರೆಗೋರಿಯನ್ ತಿಂಗಳುಗಳಲ್ಲಿ ಬೀಳುತ್ತದೆ.

ದಸರಾ ಹಬ್ಬ ಕೆಟ್ಟದರ ಮೇಲೆ ಒಳ್ಳೆಯದರ ಗೆಲುವಿನ ಸಂಕೇತ. ಹಿಂದೂ ದಂತ ಕಥೆಗಳಲ್ಲಿ ಹೇಳುವಂತೆ ದೇವಿ ಚಾಮುಂಡೇಶ್ವರಿ (ದುರ್ಗಾ) ರಾಕ್ಷಸ ಮಹಿಷಾಸುರನನ್ನು ಕೊಂದ ದಿನ ವಿಜಯದಶಮಿ. ರಾಕ್ಷಸ ಮಹಿಷಾಸುರನ ವಧೆಯಿಂದಲೇ ಈ ನಗರಕ್ಕೆ ಮೈಸೂರು ಎಂದು ಹೆಸರು ದೊರಕಿದ್ದು, ಗುರು ಸಂಪ್ರದಾಯವು ಈ ಹಬ್ಬದಂದು ಯೋಧರು ಮತ್ತು ರಾಜ್ಯದ ಒಳಿತಿಗಾಗಿ ಹೋರಾಡುವುದನ್ನು ಆಚರಿಸುತ್ತದೆ. ಧಾರ್ಮಿಕವಾಗಿ ರಾಜ್ಯದ ಕತ್ತಿ, ಆಯುಧಗಳು, ಆನೆಗಳು ಮತ್ತು ಹಿಂದೂ ದೇವಿಗಳೊಂದಿಗೆ ವಿಷ್ಣು ದೇವನನ್ನು ಪೂಜಿಸುವುದು ಮತ್ತು ಪ್ರದರ್ಶಿಸುವುದು. ಸಮಾರಂಭಗಳು ಮತ್ತು ಪ್ರಮುಖ ಮೆರವಣಿಗೆಗಳಿಗೆ ಸಾಂಪ್ರದಾಯಿಕವಾಗಿ ಮೈಸೂರಿನ ರಾಜರು ಅಧ್ಯಕ್ಷತೆ ವಹಿಸುತ್ತಾರೆ.

ಮೈಸೂರು ನಗರವು ದಸರಾ ಹಬ್ಬವನ್ನು ವೈಭವ ಮತ್ತು ವಿಜೃಂಭಣೆಯಿಂದ ಆಚರಿಸುವುದರಲ್ಲಿ ಹೆಸರುವಾಸಿಯಾಗಿದೆ. ಮೈಸೂರಿನಲ್ಲಿ ದಸರಾ ಉತ್ಸವವು ೨೦೧೯ರಲ್ಲಿ ೪೦೯ನೇ ವಾರ್ಷಿಕೋತ್ಸವವನ್ನು ಪೂರ್ಣಗೊಳಿಸಿತು. ಆದರೆ ಪುರಾವೆಗಳು ಕರ್ನಾಟಕ ರಾಜ್ಯದಲ್ಲಿ 15ನೇ ಶತಮಾನದಲ್ಲಿ ವಿಜಯನಗರ ಸಾಮ್ರಾಜ್ಯದ ರಾಜರಿಂದ ಆಚರಿಸಲ್ಪಟ್ಟಿತು ಎಂದು ಸೂಚಿಸುತ್ತದೆ.

-ಅಕ್ಷಯ್ ಗೌಡ

ಕರ್ನಾಟಕ ಮತ್ತು ಕನ್ನಡದ ಬಗ್ಗೆ ನಿಮಗೆಷ್ಟು ಗೊತ್ತು?

೧ . ಕರ್ನಾಟಕದ ಹೆಸರು "ಕರು" ಮತ್ತು "ನಾಡು" ಎಂಬ ಪದಗಳಿಂದ ಬಂದಿದೆ. "ಕರು" ಎಂದರೆ ಕಪ್ಪು ಮಣ್ಣಿನ ಭೂಮಿ, ಅಥವಾ ಕಾರ್ / ಕರಿ ಎಂದರೆ 'ಕಪ್ಪು' ಮತ್ತು ನಾಡು ಎಂದರೆ ಪ್ರದೇಶ / ದೇಶ ಎಂದು ಅರ್ಥ. ಇದು ಪ್ರದೇಶದ ಕಪ್ಪು ಮಣ್ಣನ್ನು ಸೂಚಿಸುತ್ತದೆ.

೨ ದಸರಾ ಸಮಯದಲ್ಲಿ ಇಡೀ ಮೈಸೂರು ನಗರವನ್ನು ಅಲಂಕರಿಸುವ ಸಂಪ್ರದಾಯವನ್ನು ೧೬೧೦ ರಲ್ಲಿ ಮಹಾರಾಜ ರಾಜ ಒಡೆಯರ್ ಪ್ರಾರಂಭಿಸಿದರು.

೩ ಹಂಪಿ ವಿಶ್ವದ ಅತ್ಯಂತ ಅಭಿವೃದ್ಧಿ ಹೊಂದಿದ ನಗರಗಳಲ್ಲಿ ಒಂದಾಗಿದೆ. ಯುರೋಪ್ ಮತ್ತು ಅದರಾಚೆಗಿನ ಹಲವಾರು ಪ್ರಯಾಣಿಕರು ಈ ನಗರದಲ್ಲಿ ವ್ಯಾಪಾರ ಮಾಡುತ್ತಿದ್ದರು.

೪. ಕದಂಬ ರಾಜವಂಶವನ್ನು ಉತ್ತರ ಕರ್ನಾಟಕ ಮತ್ತು ಕೊಂಕಣವನ್ನು ಬನವಾಸಿಯಿಂದ ಆಳಿದ ಕರ್ನಾಟಕದ ಆರಂಭಿಕ ರಾಜವಂಶವೆಂದು ಪರಿಗಣಿಸಲಾಗಿದೆ. ಕ್ರಿ.ಶ ೩೪೫ ರಿಂದ ೩೬೫ರವರೆಗೆ ಆಳಿದ ತಾಳಗುಂದದ (ಆಧುನಿಕ ಶಿವಮೊಗ್ಗ ಜಿಲ್ಲೆಯ) ನಿವಾಸಿ ಮಯೂರಶರ್ಮ ಈ ರಾಜವಂಶವನ್ನು ಸ್ಥಾಪಿಸಿದನು .

೫. ಕನ್ನಡ ಭಾಷೆ ೨೦೦೦ ವರ್ಷಗಳಷ್ಟು ಹಳೆಯದು. ಕನ್ನಡ ಲಿಪಿಯು ಅಶೋಕನ ಬ್ರಾಹ್ಮಿ ಲಿಪಿಯ ದಕ್ಷಿಣದ ಪ್ರಭೇದಗಳಿಂದ ವಿಕಸನಗೊಂಡಿತು.

-ದಿಶಾನ್ ಅಜಿತ್ ವಸ್ತಾರೆ



ಗಮನ ಮತ್ತು ಏಕಾಗ್ರತೆ

ಗಮನ ಮತ್ತು ಏಕಾಗ್ರತೆಯನ್ನು ಕರಗತ ಮಾಡಿಕೊಳ್ಳಲು ಕಷ್ಟವಾಗಬಹುದು. ಖಚಿತವಾಗಿ, ಹೆಚ್ಚಿನ ಜನರು ಗಮನವನ್ನು ಸುಧಾರಿಸಲು ಮತ್ತು ಏಕಾಗ್ರತೆಯನ್ನು ಹೆಚ್ಚಿಸುವುದು ಹೇಗೆ? ಎಂದು ತಿಳಿಯಲು ಬಯಸುತ್ತಾರೆ. ಆದರೆ ವಾಸ್ತವವಾಗಿ ಅದನ್ನು ಮಾಡುತ್ತಿದ್ದಾರಾ? ನಾವು ಗದ್ದಲದ ಜಗತ್ತಿನಲ್ಲಿ ವಾಸಿಸುತ್ತೇವೆ ಮತ್ತು ನಿರಂತರ ಗೊಂದಲಗಳು ಗಮನವನ್ನು ಕಷ್ಟಕರವಾಗಿಸಬಹುದು. ಏಕಾಗ್ರತೆಯ ಶಕ್ತಿ ಎಂದರೆ ಏಕಮುಖ ಮನಸ್ಸು. ಇದು ಒಂದು ಆಲೋಚನೆ, ವಸ್ತು ಅಥವಾ ಚಟುವಟಿಕೆಯ ಮೇಲೆ ಗಮನವನ್ನು ಕೇಂದ್ರೀಕರಿಸಲು ಶಕ್ತಿಯಾಗಿ ಪ್ರಕಟವಾಗುತ್ತದೆ.

-ಭವಿನ್ ಎಂ ಆರ್

ಜೀವನ

ಮನಸಲ್ಲಿರೋದನ್ನು
ಮನಸಲ್ಲಿ ಬಿಡೋಕ್ಕೆ ಮನಸಿಲ್ಲ.

ಕನಸಿನಲ್ಲಿ ಬರುವುದು
ಬರೀ ಕನಸಾಗಿರುವುದಕ್ಕೆ ಮನಸೊಪ್ಪುತ್ತಿಲ್ಲ.

ಆದರೆ ಮನಸ್ಸು ಕನಸುಗಳನ್ನು
ನನಸಾಗಿಸುವುದೇ ಜೀವನ.

-ಮಿಶಿಕಾ ಎಂ ಎಸ್

ಕಲಿಕೆಯ ನಿಯಮ

ಮಾಡು ಇನ್ನಷ್ಟು

ಹಾಡು ಇನ್ನಷ್ಟು

ಓಡು ಇನ್ನಷ್ಟು

ಬರೇ ಇನ್ನಷ್ಟು

ಎನ್ನುವ ನಾಗಾಲೋಟದಲ್ಲಿ

ಎಂದಿಗೂ ನಮಗೆ ಅರಿವಾಗದು ನಮ್ಮ ತಪ್ಪು

ಜೀವನಕ್ಕೆ ಬೀಳದು ಉಪ್ಪು !

ಮಳೆಗಾಗಿ ಛತ್ರಿ ಹುಟ್ಟಿದ್ದು!

ಇರುಳಳಿಸಲು ಬೆಂಕಿ ಕಾಣಿಸಿಕೊಂಡಿದ್ದು !

ಎದ್ದು ಬಿದ್ದದ್ದಕ್ಕೆ ನಡೆಯುವುದನ್ನು ಕಲಿತಿದ್ದು!

ಗೀಚಿ ಹರಿದದ್ದಕ್ಕೆ ಬರೆಯಲು ಪ್ರಾರಂಭಿಸಿದ್ದು !

ಹೇಗೆ ನಮ್ಮ ದಾರಿಯಲ್ಲಿ ಮುಳ್ಳುಗಳಿದ್ದರೆ ನಾವು ದಾಟಿ ನಡೆಯುತ್ತೇವೋ

ಹಾಗೆಯೇ ತೆಗಳಿಕೆ ಇದ್ದರೆ ಮಾತ್ರ ನಮ್ಮ ಕೆಲಸದಲ್ಲಿ ಪರಿಣಿತರಾಗಲು ಸಾಧ್ಯ

ನಮ್ಮ ಕಷ್ಟಗಳನ್ನು ಎದುರಿಸಿ

ತಪ್ಪುಗಳನ್ನು ಸರಿಪಡಿಸಿ

ನಡೆದರೆ ಸಾಗುವೆವು ಮುಂದೆ

ಇಲ್ಲವೇ ಇರುವೆವು ಎಂದಿಗೂ ಹಿಂದೆ !

-ತನ್ಮಯಿ ಎಸ್ ಚೌಡಿಪುರ

ಭರವಸೆಯ ಕಿಡಿ

ಸಮುದ್ರದ ಆಳದಲ್ಲಿ,
ಎಲ್ಲ ಮೌನವಾಗಿದ್ದಾಗ,
ಭರವಸೆಯ ಕಿಡಿ,
ಒಂದು ಮಾರ್ಗದರ್ಶನ ||

ಅಂಧಕಾರದ ನಡುವೆ,
ಮೃದುವಾಗಿ ಪಿಸುಗುಟ್ಟುತ್ತದೆ,
ಸಂಪೂರ್ಣವಾಗಿ ಪ್ರೇರೇಪಿಸುತ್ತದೆ,
ಭಯದಲ್ಲಿರುವವನನ್ನು ಸಮಾಧಾನಿಸಲು ||

ರಾತ್ರಿಯ ತೂಕವನ್ನು ಅನುಭವಿಸಿದರೂ,
ಕತ್ತಲೆಯಿಂದ ಕಣ್ಣು ಕುರುಡಾದರು,
ನೆನಪಿರಲಿ, ಭರವಸೆಯ ಕಿಡಿ,
ಪ್ರಕಾಶಮಾನವಾಗಿ ಹೊಳೆಯುತ್ತದೆ ||

~ಸಾನ್ವಿ ಎಸ್

ಅಂತರ್ ಶಾಲೆಗಳ ಕ್ರಿಕೆಟ್ ಪಂದ್ಯಾವಳಿ - ನನ್ನ ಪ್ರಥಮಾನುಭವ

ಮೊದಲನೆಯ ಬಾರಿಗೆ ನಮ್ಮ ಶಾಲೆಯ ದೈಹಿಕ ಶಿಕ್ಷಕರು ಬೆಂಗಳೂರಿನಲ್ಲಿ ಆಯೋಜಿಸಲಾಗಿದ್ದ ಕ್ರಿಕೆಟ್ ಪಂದ್ಯಾವಳಿಯ ಬಗ್ಗೆ ಹೇಳಿದಾಗ ನನಗೆ ಎಲ್ಲಿಲ್ಲದ ಸಂತೋಷವಾಯಿತು. ಮೊದಲು ಶಿಕ್ಷಕರು ತಂಡವನ್ನು ಆಯ್ಕೆ ಮಾಡುವಾಗ ನನ್ನ ಆಯ್ಕೆ ನಿಶ್ಚಿತವಾಗಿತ್ತು. ಮೊದಲು ಹುಡುಗರ ಆಯ್ಕೆ ಮಾಡಲಾಯಿತು. ನಂತರ 5 ಹುಡುಗರು ಮತ್ತು 5 ಹುಡುಗಿಯರ ತಂಡವನ್ನು ಆಯ್ಕೆ ಮಾಡಲಾಯಿತು. ನಾವು ಪ್ರತಿನಿತ್ಯ ಶಾಲೆಯು ಮುಗಿದ ನಂತರ ಸುಮಾರು 2 ಗಂಟೆಗಳ ಕಾಲ ಶ್ರಮ ಪಟ್ಟು ಅಭ್ಯಾಸ ಮಾಡಿದೆವು. ಇದು ಎರಡು ವಾರಗಳ ತನಕ ನಿತ್ಯವೂ ನಡೆಯಿತು. ಶಿಕ್ಷಕರು ನನ್ನನ್ನು ತಂಡದ ಕ್ಯಾಪ್ಟನ್ ಎಂದು ಹೇಳಿದಾಗ ನನ್ನಲ್ಲಿ ಭಯ ಮತ್ತು ಖುಷಿ ಎರಡೂ ಆಯಿತು. ಪಂದ್ಯದ ಹಿಂದಿನ ರಾತ್ರಿ ನನಗೆ ಅತ್ಯಂತ ಉತ್ಸಾಹ ಮತ್ತು ಆತಂಕದಿಂದ ನಿದ್ರೆ ಮಾಡಲು ಆಗಲಿಲ್ಲ. ನವೆಂಬರ್ 17ರ ಬೆಳಿಗ್ಗೆ 4.30 ಮುಂಜಾನೆ ಸಮಯದಲ್ಲಿ ನಾವೆಲ್ಲರೂ ಶಾಲೆಯ ಆವಣದಲ್ಲಿ ಸೇರಿ ಬೆಂಗಳೂರಿನ ಕಡೆಗೆ ಪ್ರಯಾಣ ಬೆಳಸಿದೆವು. ಬಸ್ಸಿನ ಪ್ರಯಾಣವು ಗೆಲೆಯರ ಜೊತೆ ಹರಟೆ, ಕುರುಕಲು ತಿಂಡಿ ತಿನ್ನುತ್ತ ಬೆಂಗಳೂರು ತಲುಪಿದ್ದೇ ತಿಳಿಯಲಿಲ್ಲ. ಎಲ್ಲರೂ ಉತ್ಸಾಹದಿಂದ ಆಟವಾಡಿದೆವು. ನಾನು ಎಲ್ಲರನ್ನು ಪ್ರೋತ್ಸಾಹಿಸುತ್ತ ಹುರಿದುಂಬಿಸಿದೆ.

>>>

ಎಲ್ಲರೂ ಶ್ರಮದಿಂದ ಮತ್ತು ಉತ್ಸಾಹದಿಂದ ಆಟವಾಡಿದರು. ಕೊನೆಯಲ್ಲಿ ಪಂದ್ಯವನ್ನು ಕೆಲವೇ ರನ್‌ಗಳ ಅಂತರದಲ್ಲಿ ಸೋತರೂ ನಾವು ಕಲಿತಿದ್ದು ಅನೇಕ. ಪಂದ್ಯ ಮುಗಿದ ನಂತರ ನಾವೆಲ್ಲರೂ ಮೈಸೂರಿನ ಕಡೆಗೆ ಪ್ರಯಾಣ ಬೆಳೆಸಿದೆವು. ದಾರಿ ಮಧ್ಯದಲ್ಲಿ ನಮ್ಮ ಬಸ್ ಕೆ.ಎಫ್.ಸಿ ಬಳಿಯಲ್ಲಿ ನಿಲ್ಲಿಸಿದಾಗ ಹಸಿವಿನಿಂದ ಬಳಲುತ್ತಿದ್ದ ನಾವೆಲ್ಲರೂ ಹೊಟ್ಟೆ ಬಿರಿಯುವವರೆಗೂ ತಿಂದೆವು.

ನನಗೆ ಈ ಒಂದು ಅವಕಾಶ ಮಾಡಿಕೊಟ್ಟ ನನ್ನ ಶಾಲೆಗೆ ಮತ್ತು ನನ್ನ ಪ್ರೀತಿಯ ಗುರುಗಳಿಗೆ ಮನದಲ್ಲೇ ವಂದಿಸಿದೆ.

~ಪೂರ್ಣಪ್ರಜ್ಞ ರಾಮ್

ಮುನ್ನಾರ್

- ಇಳೆಯಲಿನ ಸ್ವರ್ಗ!

೨೦೨೩ರ ಏಪ್ರಿಲ್ ತಿಂಗಳಲ್ಲಿ ನಾನು ಹಾಗೂ ನನ್ನ ಪೋಷಕರು ಬೇಸಿಗೆ ರಜಾ ಕಳೆಯಲು ಮುನ್ನಾರಿಗೆ ಹೋದೆವು. ಸುಮಾರು ಹತ್ತು ಗಂಟೆಗಳ ಕಾಲದ ಪ್ರಯಾಣದ ನಂತರ ನಾವು ಮುನ್ನಾರ್ ತಲುಪಿದೆವು. ಯಾವ ಕಡೆ ನೋಡಿದರೂ ಹಸಿರು ಬಣ್ಣದ ಚಹಾ ತೋಟಗಳಿದ್ದವು.

ಮುನ್ನಾರ್ ತಲುಪುತ್ತಿದ್ದಂತೆಯೇ, ಅಲ್ಲಿನ ತಾಜಾ ಹಾಗೂ ಕಲುಷಿತರಹಿತ ಗಾಳಿ ನಮ್ಮೆಲ್ಲರಿಗೂ ಒಂದು ಒಳ್ಳೆಯ ಆಹ್ಲಾದದ ಅನುಭೂತಿ ನೀಡಿತು. ಎಲ್ಲಿ ನೋಡಿದರಲ್ಲಿ ಚಹಾ ತೋಟ, ಅದರ ಮಧ್ಯದಲ್ಲಿ ಅಲ್ಲಲ್ಲಿ ಸೂರ್ಯನ ಕಿರಣಕ್ಕೆ ಬಳ್ಳಿಯಂತೆ ಹೊಳೆಯುವ ಸಿಲ್ವರ್ ಓಕ್ ಮರಗಳು, ಹಾಗೂ ಸಣ್ಣ ಸಣ್ಣ ನೀರಿನ ಝರಿಗಳು, ಎತ್ತರವಾದ ಬೆಟ್ಟಗಳು ಹಾಗೂ ನೀರಿನ ಕೊಳಗಳು ನಮ್ಮ ಮೈಸೂರು-ಬೆಂಗಳೂರು ಬಯಲು ಸೀಮೆಯ ಭಾಗಕ್ಕಿಂತ ಬಹಳ ವಿಶಿಷ್ಟವೆನಿಸಿದವು.

ಸಂಜೆಯ ೪ ಗಂಟೆಗೆ ಅಲ್ಲಿನ ಮಂಜು ಕವಿದಂತಹ ವಾತಾವರಣ ನಮ್ಮಲ್ಲಿಯ ಸಂಜೆಯ ೬:೩೦-೭:೦೦ ರ ಸಮಯದಂತೆ ಕಂಡಿತು. ಚಹಾ ತೋಟದಲ್ಲಿ ಕೆಲಸ ಮಾಡುವ ಕೆಲಸಗಾರರ ಬಟ್ಟೆ, ತಲೆಯ ಮೇಲಿಂದ ಬೆನ್ನಿನ ಕಡೆಗೆ ಇಳಿಬಿಟ್ಟಂತಿರುವ ಬುಟ್ಟಿ, ಕಾಲಿನ ಬೂಟ್ಸ್ ಒಳಗೊಂಡ ವಿಶಿಷ್ಟ ವೇಷಭೂಷಣ ನಮ್ಮೆಲ್ಲರ ಮನ ಸೆಳೆಯಿತು.

ನಾವು ಅಂದು ರೆಸಾರ್ಟ್ ರೂಮಿಗೆ ತಲುಪಿದೆವು. ಮುಂದಿನ ೩ ದಿನಗಳನ್ನು ಬಹಳ ಸುಂದರವಾಗಿ ಕಳೆದೆವು. ಮೊದಲನೆಯ ದಿನ ನಾವು ಉಳಿದುಕೊಂಡಿದ್ದ ರೆಸಾರ್ಟ್‌ನಲ್ಲಿ ರಾತ್ರಿ ಮನೋರಂಜನಾ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು. ಅಲ್ಲಿ ನಾನು ಬೇರೆ-ಬೇರೆ ಭಾಗಗಳಿಂದ ಬಂದ ಜನರ ಜೊತೆ ಸ್ನೇಹ ಬೆಳೆಸಿದೆನು.

ಎರಡನೆಯ ದಿನ, ಉಪಹಾರದ ನಂತರ, ರೆಸಾರ್ಟಿನ ಹೊರಗಿನ ಪ್ರಪಂಚ ನೋಡಲು ಹೊರಟೆವು. ಮೊದಲು, ನಾವು ಒಂದು 'ಎಲಿಫೆಂಟ್ ಕ್ಯಾಂಪ್'ಗೆ ಭೇಟಿ ನೀಡಿದೆವು. ಅಲ್ಲಿ ಆನೆಯ ಸವಾರಿಯನ್ನು ಮಾಡಿದೆವು. ಅಲ್ಲಿನ ಪಳಗಿದ ಆನೆಗಳು ಪ್ರತಿಯೊಂದು ಸವಾರಿಯ ನಂತರ ಪ್ರವಾಸಿಗರಿಂದ ಅನಾನಸ್ ಹಣ್ಣುಗಳ ಬುಟ್ಟಿಯನ್ನು ತೆಗೆದುಕೊಂಡು ಒಂದೊಂದಾಗಿ ತಿಂದು ಸಲಾಮ್ ಮಾಡುತ್ತಿದ್ದವು. ಇದು ನೋಡಲು ಬಹಳ ಸುಂದರವಾಗಿತ್ತು. ನಂತರ ಅಲ್ಲಿಂದ ನಾವು ಮುನ್ನಾರಿನ ಪ್ರಸಿದ್ಧ ಗುಲಾಬಿ ತೋಟಕ್ಕೆ ಹೋದೆವು. ಅಲ್ಲಿ ನಾನಾ ರೀತಿಯ, ಬಣ್ಣದ ಹಾಗೂ ವಿವಿಧ ಗಾತ್ರದ ಅನೇಕ ಪ್ರಭೇದದ ಗುಲಾಬಿ ಹೂವುಗಳನ್ನು ಕಂಡೆವು. ಇದು ಒಂದು ಅದ್ಭುತ ಅವಿಸ್ಮರಣೀಯ ಅನುಭವ ಎಂದೆನಿಸಿ ಮನಸ್ಸಿಗೆ ಮುದ ನೀಡಿತು.

ಅಲ್ಲಿಂದ ನಂತರ ಬೋಟಿಂಗ್‌ಗೆ ಹೋದೆವು. ಅಲ್ಲಿ ನಾವು ಲೈಫ್‌ಜ್ಯಾಕೆಟ್‌ಗಳನ್ನು ತೊಟ್ಟು, ಪೆಡಲ್ ಬೋಟ್‌ಗಳಲ್ಲಿ ಕುಳಿತು ಸುಮಾರು ಅರ್ಧ ತಾಸಿನವರೆಗೂ ಬೋಟಿಂಗ್ ಮಾಡುತ್ತಾ ಸಂಭ್ರಮ ಪಟ್ಟೆವು. ಕೊಳದ ಮಧ್ಯಭಾಗಕ್ಕೆ ತಲುಪಿ, ಅಲ್ಲಿ ಕೂಗು ಹಾಕಿದರೆ, ನಮ್ಮ ಧ್ವನಿಗೆ ಪ್ರತಿಧ್ವನಿಯನ್ನು ಕೇಳಬಹುದಾಗಿತ್ತು. ಇದು ಮನಸ್ಸಿಗೆ ಬಹಳ ಖುಷಿಯನ್ನು ಕೊಟ್ಟಿತು.

ಮಾರನೆ ದಿನ ನಾವು ಬಹುತೇಕ ಸಮಯವನ್ನು ರೆಸಾರ್ಟ್‌ನಲ್ಲಿಯೇ ಕಳೆದೆವು. ಅಲ್ಲಿ ಈಜು, ಆಟ, ಸೈಕ್ಲಿಂಗ್, ನೃತ್ಯ ಹಾಗೂ ಹಾಡುಗಳೊಂದಿಗೆ ದಿನ ಕಳೆಯಿತು. ಮೂರನೇ ದಿನ ನಾವು ಟೀ ಫ್ಯಾಕ್ಟರಿ, ಮ್ಯೂಜಿಯಂಗಳನ್ನು ನೋಡಲು ಹೋದೆವು. ಅಲ್ಲಿ ಚಹಾದ ಸಂಸ್ಕರಣೆಯ ಬಗ್ಗೆ ತಿಳಿದುಕೊಂಡೆವು. ಮ್ಯೂಸಿಯಂನಲ್ಲಿ ನಾವು ಅನೇಕ ರೀತಿಯ ಚಹಾದ ಬಗ್ಗೆ ತಿಳಿದುಕೊಂಡೆವು. ಭಾರತದಲ್ಲಿ ಚಹಾದ ಪರಿಚಯ, ವಿಕಾಸ, ಜನಪ್ರಿಯತೆ ಇವುಗಳನ್ನು

ಒಳಗೊಂಡ ಚಿತ್ರಸಹಿತ ವಿವರಣೆ ಹಾಗೂ ಮಾಹಿತಿಯನ್ನು ಪಡೆದು,
ಅನೇಕ ಛಾಯಾಚಿತ್ರಗಳನ್ನು ತೆಗೆದುಕೊಂಡು, ಮರಳಿ ರೂಂಗಿ
ತೆರಳಿದೆವು.

ಮರುದಿನ ಬೆಳಗ್ಗೆ ತಿಂಡಿಯನ್ನು ತಿಂದು ಈ ಎಲ್ಲ ಸವಿನೆನಪುಗಳು,
ಅನುಭವಗಳನ್ನು ಮೆಲುಕು ಹಾಕ್ತಾ ಮೈಸೂರಿನ ಕಡೆಗೆ ಪ್ರಯಾಣ
ಬೆಳೆಸಿದೆವು.

ಈ ಪ್ರವಾಸ ಅತ್ಯುತ್ತಮ ಅನುಭವಗಳನ್ನು ಕೊಟ್ಟು, ಜೀವನ
ಪಾಠವನ್ನು ಕಲಿಸಿದೆ. ಹಾಗಾಗಿ ಮುನ್ನಾರಿನ ಪ್ರವಾಸವನ್ನು ನಾನು
ಎಂದಿಗೂ ಮರೆಯುವುದಿಲ್ಲ.

ಭವಿಷ್ ಭರತ್ ಕುಮಾರ್

ನಿಗೂಢ ಜೀವನ!!

ಹುಟ್ಟಿದ ಕೂಡಲೇ ಯಾರಿಗೆ ತಿಳಿದಿತ್ತು ಬದುಕಿನ ರಹಸ್ಯ!
ಬೆಳೆಯುತ್ತಲೇ ತಿಳಿಯುವುದು ಒಂದೊಂದಾಗಿ ಅದರ ಮರ್ಮ
ಹುಟ್ಟಿದ ಕೂಡಲೇ ಅಳುತ್ತಾ ಹೆಜ್ಜೆಯ ಮೇಲೊಂದು ಹೆಜ್ಜೆಯನಿಟ್ಟು
ನಡೆಯುವರು,
ತಿಳಿಯುವರು, ರೋಮಾಂಚಿತಗೊಳ್ಳುವರು ಅರಿತು ತಮ್ಮ ಎದೆ ಬಡಿತ!

ಯಾರಿಗೆ ತಿಳಿದಿತ್ತು ಆಕಾಶ ನೀಲಿಯಲ್ಲವೆಂದು!
ಸೂರ್ಯ ಬಿಳುಪಲ್ಲವೆಂದು !
ನೀರು ಸಿಹಿಯಲ್ಲವೆಂದು!
ಬದುಕಿನ ಸಾರವೇ ಸಿಹಿ ಕಹಿ ಎರಡೂ ಎಂದು !

ಯಾರಿಗೆ ತಿಳಿದಿತ್ತು ಬಣ್ಣಗಳೇ ಇಲ್ಲ ಎಂಬುದು !
ಅವುಗಳ ಅಸ್ತಿತ್ವವೇ ಬೆಳಕೆಂದು !
ಚಿಕ್ಕಂದಿನಿಂದ ನಂಬಿ ಬಂದ ವಿಷಯಗಳು !
ಗ್ರಂಥ ಜ್ಞಾನ ನಮಗವು !

ಇಡೀ ಜಗತ್ತೇ ನಿಗೂಢ !
ಕೆಲವೆಡೆ ಭೀಕರ
ಕೆಲವೆಡೆ ಹಾಸ್ಯ
ಕೆಲವಕ್ಕೆ ವೈಜ್ಞಾನಿಕ ಸಾಕ್ಷಿ !
ಕೆಲವಕ್ಕೆ ನಂಬಿಕೆ, ಮೂಢನಂಬಿಕೆಗಳೇ ಸಾಕ್ಷಿ !

~ತನ್ಮಯಿ ಎಸ್ ಚೌಡಿಪುರ

ಸಾಧನೆ...

“ಸಾಧನೆಗೆ ಅಸಾಧ್ಯವಾದುದು
ಯಾವುದೂ ಇಲ್ಲ, ಅದರೆ ಸಾಧಿಸುವ ಭಲ
ಮನುಷ್ಯನಿಗೆ ಬೇಕು. ನೀನು ಹಿಡಿದ ಕಾರ್ಯದಲ್ಲಿ
ಅಚಲವಾದ ನಂಬಿಕೆ, ಧೃಢ ಸಂಕಲ್ಪ ರಾಗು
ಸತತ ಪ್ರಯತ್ನವಿದ್ದರೆ, ನಿನ್ನ ಗುರಿಯನ್ನು ನೀನು
ಮುಟ್ಟಬಲ್ಲೆ, ವಿನಃ ನಾದರೂ ಸಾಧಿಸಬಲ್ಲೆ....”

ಅಕ್ಷತ.ಕೆ.ಶ್ರೀನಿವಾಸ್
ಲಿಪಿ 'ಸಿ'

ಯಶಸಿನ ಗುಟು -ಸೋಲೇ ಗೆಲುವಿನ ಮೆಟ್ಟಿಲು

ಬೆಂಗಳೂರಿನಲ್ಲಿ ಇಶಾನ್ ಎಂಬುವ ಹುಡುಗ ಇದ್ದನು. ಅವನಿಗೆ ಓದು ಹತ್ತುತ್ತಿರಲಿಲ್ಲ ಹಾಗೂ ಆಟಗಳಲ್ಲಿ ಸಹ ಹಿಂದೆಯಿದ್ದನು. ಹುಡುಗ ಮತ್ತು ಅವನ ತಂದೆ ತಾಯಿ ಬಹಳ ನೊಂದಿದ್ದರು. ಹುಡುಗನಿಗೆ ಏನು ತೋಚುತ್ತಿರಲಿಲ್ಲ. ಅವನು ಬಹಳ ದುಃಖದಲ್ಲಿದ್ದನು. ಇದರಿಂದ ಅವನಿಗೆ ಅನಾರೋಗ್ಯ ಉಂಟಾಯಿತು. ಹುಡುಗನ ತಂದೆ ತಾಯಿ ಅವನನ್ನು ಆಸ್ಪತ್ರೆಗೆ ಕರೆದುಕೊಂಡು ಹೋದರು. ವೈದ್ಯರು ಹುಡುಗನನ್ನು ಪರಿಶೀಲಿಸಿ ಅವನ ತಂದೆ ತಾಯಿಯನ್ನು ಕರೆದು "ನಿಮ್ಮ ಮಗನಿಗೆ ಧೈರ್ಯ ತುಂಬಿ" ಎಂದು ಸಲಹೆ ನೀಡಿ, ಕೆಲವು ಔಷಧಗಳನ್ನು ಕೊಟ್ಟರು. ಕೆಲವು ದಿನಗಳ ನಂತರ ಇಶಾನ್ ಗುಣವಾದನು. ತದನಂತರ ಪುನಃ ಶಾಲೆಗೆ ಹೋಗತೊಡಗಿದನು. ಆದರೆ ಅವನಿಗೆ ಪುನಃ ಸೋಲುಗಳು ಎದುರಾದವು. ಆಗ ಅವನ ತಂದೆ ತಾಯಿ ಅವನಿಗೆ ಯೋಧರ, ವಿಜ್ಞಾನಿಗಳ, ಜೀವನ ಚರಿತ್ರೆಗಳನ್ನು ಹೇಳಿ ಅವರೆಲ್ಲರು ಸೋಲನ್ನು ಹೇಗೆ ಎದುರಿಸಿದರು? ಎಂಬುದನ್ನು ನಿಧಾನವಾಗಿ ತಿಳಿಸಿಕೊಟ್ಟರು. ಹೀಗೆ ಹಲವಾರು ನಿದರ್ಶನಗಳನ್ನು ಕೇಳಿ ಹುಡುಗನಿಗೆ ಜ್ಞಾನೋದಯವಾಯಿತು. ನಂತರ ಅವನು ಎಡಬಿಡದೆ ಶ್ರಮಪಟ್ಟನು ಹಾಗೂ ಧೈರ್ಯಗುಂದಲಿಲ್ಲ. ಹೀಗೆ ಹಲವಾರು ದಿನ ನಿರಂತರ ಪರಿಶ್ರಮದಿಂದ ಅವನು ಶಾಲೆಯಲ್ಲಿ ಅಗ್ರಸ್ಥಾನ ಪಡೆದನು. ಅವನು ಹಲವು ಕ್ರೀಡೆಗಳಲ್ಲೂ ಯಶಸ್ಸನ್ನು ಕಂಡನು. ಹೀಗೆ ಅವನ ಭಲ ಹಾಗೂ ಶ್ರಮದಿಂದ ಒಳ್ಳೆಯ ಸ್ಥಾನವನ್ನು ಪಡೆದನು. ಅವನ ತಂದೆ ತಾಯಿ ತುಂಬಾ ಹೆಮ್ಮೆ ಪಟ್ಟರು.

ನೀತಿ: ನಾವು ಎಂದಿಗೂ ಸೋಲು ಬಂದಾಗ ಧೈರ್ಯಗಡದೆ ಭಲದಿಂದ ಎದುರಿಸಿ ಮುನ್ನಡೆಯಬೇಕು.

- ಪ್ರಣವ್ . ಎಸ್. ಭಾರದ್ವಾಜ್

ಎಂ ಎಸ್ ಧೋನಿಯ ರುಲರ್!

ಮಹೇಂದ್ರ ಸಿಂಗ್ ಧೋನಿ ಬಿಹಾರದ ರಾಂಚಿಯಲ್ಲಿ (ಈಗಿನ ಜಾರ್ಖಂಡ್) ಪಾನ್ ಸಿಂಗ್ ಮತ್ತು ದೇವಕಿ ದೇವಿ ಅವರ ಮಗನಾಗಿ ಜನಿಸಿದನು. ಪೂರ್ವಿಕರು ಉತ್ತರಾಖಂಡದ ಅಲ್ಮೋರಾ ಜಿಲ್ಲೆಯ ಲಾಮ್‌ಗಡ್ ಪ್ರದೇಶದ ಲ್ವಾಲಿ ಗ್ರಾಮದವರು. ಧೋನಿಯ ತಂದೆ ಪಾನಸಿಂಗ್ ತಮ್ಮ ಕುಟುಂಬದೊಂದಿಗೆ ಉತ್ತರಾಖಂಡದಿಂದ ರಾಂಚಿಗೆ ಬಂದು, ಅಲ್ಲಿನ ಮೆಕಾನ್ ಕಂಪೆನಿಯಲ್ಲಿ ಕಿರಿಯ ಸಹಾಯಕರಾಗಿದ್ದರು. ಧೋನಿಯ ಸಹೋದರಿ ಜಯಂತಿ ಮತ್ತು ಸಹೋದರ ನರೇಂದ್ರ ಅವರ ಪುಟ್ಟ ಕುಟುಂಬದ ಸದಸ್ಯರು. ಧೋನಿ ತನ್ನ ನೆಚ್ಚಿನ ನಟ ಜಾನ್ ಅಬ್ರಾಹಂರವರ ಕೇಶ ವಿನ್ಯಾಸವನ್ನು ಅನುಕರಿಸುವುದಕ್ಕಾಗಿ ತನ್ನ ನೀಳ ಕೇಶಕ್ಕೆ ಕತ್ತರಿ ಹಾಕಿದರು. ಇವರು ಸೂಪರ್‌ಸ್ಟಾರ್ ರಜನೀಕಾಂತ್, ಆಡಮ್ ಗಿಲ್‌ಕ್ರಿಸ್ಟ್‌ರ ಅಭಿಮಾನಿ. ಸಹ ಆಟಗಾರ ಸಚಿನ್ ತೆಂಡೂಲ್ಕರ್, ಬಾಲಿವುಡ್ ನಟ ಅಮಿತಾಬ್ ಬಚ್ಚನ್ ಮತ್ತು ಗಾಯಕಿ ಲತಾ ಮಂಗೇಶ್‌ಕರ್ ಅವರ ಸಾಧನೆಗಳು ಕೂಡಾ ಧೋನಿ ಮೇಲೆ ಬಾಲ್ಯದಲ್ಲೇ ಪ್ರಭಾವ ಬೀರಿದವು.

ಜಾರ್ಖಂಡನ ರಾಂಚಿಯ ಶ್ಯಾಮ್ಲಿಯಲ್ಲಿರುವ ಡಿಎವಿ ಜವಾಹರ ವಿದ್ಯಾಮಂದಿರದಲ್ಲಿ (ಈಗ ಈ ಶಾಲೆಯು ಜಿವಿಎಮ್, ಶ್ಯಾಮ್ಲಿ ರಾಂಚಿ ಎಂದು ಪರಿಚಿತವಾಗಿದೆ) ಧೋನಿ ವಿದ್ಯಾಭ್ಯಾಸ ನಡೆಯಿತು. ಆರಂಭದಲ್ಲಿ ಧೋನಿ ಬ್ಯಾಡ್ಮಿಂಟನ್ ಮತ್ತು ಫುಟ್‌ಬಾಲ್‌ನ್ನು ಉತ್ತಮವಾಗಿ ಆಡಿ, ಜಿಲ್ಲಾ ಮತ್ತು ಕ್ಲಬ್ ಮಟ್ಟದಲ್ಲಿ ಉತ್ತಮ ಆಟಗಾರರಾಗಿ ಹೆಸರು ಮಾಡಿದ್ದರು. ಧೋನಿಯು ವಿಧ್ಯಾರ್ಥಿ ದೆಸೆಯಲ್ಲಿ ಫುಟ್‌ಬಾಲ್ ತಂಡಕ್ಕೆ ಉತ್ತಮ ಗೋಲ್‌ಕೀಪರ್ ಆಗಿದ್ದರು. ಆದರೆ ಫುಟ್‌ಬಾಲ್ ತಂಡದ ತರಬೇತುದಾರರು ಧೋನಿ ಸಾಮರ್ಥ್ಯ ಅರಿತು ಸ್ಥಳೀಯ ಕ್ರಿಕೆಟ್ ಕ್ಲಬ್ ಪರ ಕ್ರಿಕೆಟ್ ಆಡುವುದಕ್ಕಾಗಿ ಕಳುಹಿಸಿದರು. ಧೋನಿಯು ಅವರಿಗೆ ಕ್ರಿಕೆಟ್ ಆಡದಿದ್ದರೂ, ಉತ್ತಮವಾದ ವಿಕೆಟ್-ಕೀಪಿಂಗ್ ಕೌಶಲ್ಯದೊಂದಿಗೆ ಭರವಸೆ ಮೂಡಿಸಿದನು. ನಂತರ ಕಮಾಂಡೊ ಕ್ರಿಕೆಟ್ ಕ್ಲಬ್‌ನ (೧೯೯೫ - ೧೯೯೮) ಪೂರ್ಣಾವಧಿಯ ವಿಕೆಟ್ ಕೀಪರ್ ಜವಾಬ್ದಾರಿ ಧೋನಿ ಹೆಗಲಿಗೆ ಬಂತು. ಕ್ಲಬ್ ಕ್ರಿಕೆಟ್‌ನಲ್ಲಿ ಉತ್ತಮ ಪ್ರದರ್ಶನದ ಆಧಾರದ ಮೇಲೆ ೧೬ ವರ್ಷದೊಳಗಿನವರ ಚ್ಯಾಂಪಿಯನ್‌ಷಿಪ್ ೧೯೯೭/೯೮ರ ವಿನೂ ಮಂಕಡ್ ಟ್ರೋಫಿಗೆ ಧೋನಿ ಆಯ್ಕೆಯಾಗಿ ಉತ್ತಮ ಪ್ರದರ್ಶನ ನೀಡಿದರು.

ಆರವ್ .ಎನ್ . ಶ್ರೀರಾಮ್

ಸೆಲ್ಫಿಯೆಂಬ ಸೆಲೆತಕ್ಕೆ ಸಾಯದಿರಲಿ ಬದುಕು...!!!!

ಇತ್ತೀಚಿನ ದಿನಗಳಲ್ಲಿ ಬಹಳ ಜನರು ಅನೇಕ ದುಸ್ಸಾಹಸಗಳಿಗೆ ಕೈಹಾಕಿ , ನದಿ -ಸಾಗರದ ಆಳಕ್ಕೆ ಇಳಿದು, ಬೆಟ್ಟ -ಗುಡ್ಡಗಳ ತುತ್ತ -ತುದಿಯಲ್ಲಿ ನಿಂತುಕೊಂಡು ಸೆಲ್ಫಿ ತೆಗೆದುಕೊಳ್ಳಲು ಹೋಗಿ, ಕಾಲು ಜಾರಿ ಬಿದ್ದು, ಅಪಘಾತಕ್ಕೊಳಗಾಗಿ ಪ್ರಾಣ ಕಳೆದುಕೊಳ್ಳುವುದನ್ನು ನಾವು ದಿನ ಪತ್ರಿಕೆಗಳಲ್ಲಿ, ದೂರದರ್ಶನದಲ್ಲಿ ಮತ್ತು ಸಾಮಾಜಿಕ ತಾಣಗಳಲ್ಲಿ ನೋಡಿರುತ್ತೇವೆ.

ಸೆಲ್ಫಿಯೆಂದರೇನು ?

ಈ ಸೆಲ್ಫಿಯೆನ್ನುವುದು ಸ್ವಯಂ ಭಾವಚಿತ್ರ, ಛಾಯಾಚಿತ್ರವಾಗಿದೆ . ಇದನ್ನು ಸಾಮಾನ್ಯವಾಗಿ ಸ್ಮಾರ್ಟ್ ಫೋನ್ ಮೂಲಕ ತೆಗೆದುಕೊಳ್ಳುತ್ತೇವೆ. ಸೆಲ್ಫಿಗೆ ಬಲಿಯಾಗುತ್ತಿರುವವರಲ್ಲಿ ಎಳೆಯ ಮಕ್ಕಳು, ಶಾಲಾ ಕಾಲೇಜಿನ ವಿದ್ಯಾರ್ಥಿಗಳು, ಸಾಮಾಜಿಕ ಜಾಲ ತಾಣದ ಪ್ರಭಾವಕ್ಕೆ ಒಳಗಾಗಿ ತಮ್ಮ ಛಾಯಾ ಚಿತ್ರವನ್ನು ಫೇಸ್ಬುಕ್, ಟ್ವಿಟ್ಟರ್ ಮತ್ತು ಇತರ ಪ್ಲಾಟ್‌ಫಾರ್ಮ್‌ಗಳಲ್ಲಿ ಅಪ್‌ಲೋಡ್ ಮಾಡಿ ಪ್ರಚಾರ ಗಳಿಸಲು ಪ್ರಯತ್ನಿಸುತ್ತಾರೆ .

ಪರಿಹಾರೋಪಾಯಗಳು

ಸೆಲ್ಫಿಯಿಂದ ಅವಘಡಕ್ಕೆ ಬಲಿಯಾಗುತ್ತಿರುವುದು ನಿಜಕ್ಕೂ ಆತಂಕಕಾರಿ ಬೆಳವಣಿಗೆಯಾಗಿದೆ. ಇದರಿಂದ ಕುಟುಂಬದ ಸದಸ್ಯರಿಗೆ ಆಗುವ ನೋವು, ದುಃಖವನ್ನು ವರ್ಣಿಸಲು ಸಾಧ್ಯವಿಲ್ಲ. ಈ ಕುರಿತು ಯುವಕರಲ್ಲಿ ಜಾಗೃತಿ ಮಾಡಿಸುವ ಅಭಿಯಾನವನ್ನು ಸರ್ಕಾರ ಮತ್ತು ಜನ ಸಮುದಾಯ ಒಟ್ಟಿಗೆ ಸೇರಿ ಮಾಡಬೇಕಾಗಿದೆ.

>>>

ಪ್ರವಾಸಿ ತಾಣಗಳಲ್ಲಿ, ಅಪಾಯಕಾರಿ ಸ್ಥಳಗಳಲ್ಲಿ ಸೆಲ್ಫಿ ನಿಷೇಧಿತವಲಯ ಎಂದು ದಪ್ಪ ಅಕ್ಷರಗಳಲ್ಲಿ ಬರೆದು ಸೂಚನಾ ಫಲಕಗಳನ್ನು ಹಾಕಬೇಕು ಮತ್ತು ಮೊಬೈಲ್ ಬಳಸದಂತೆ ಮುನ್ನೆಚ್ಚರಿಕೆಯನ್ನು ಕೊಡಬೇಕು. ಸೆಲ್ಫಿಯ ಅವಾಂತರಗಳ ಬಗ್ಗೆ ಎಲ್ಲರಿಗೂ ತಿಳಿಸಿಕೊಟ್ಟು ಮುಗ್ಧ ಮಕ್ಕಳು, ಯುವಜನರನ್ನು ಹಾಗೂ ಸೆಲ್ಫಿಯ ವ್ಯಾಮೋಹ ಇರುವ ಪ್ರತಿಯೊಬ್ಬರನ್ನು ರಕ್ಷಿಸಬೇಕು.

-ಸಮೀರ್ ಆಚಾರ್ ಪೂಜಾರ್

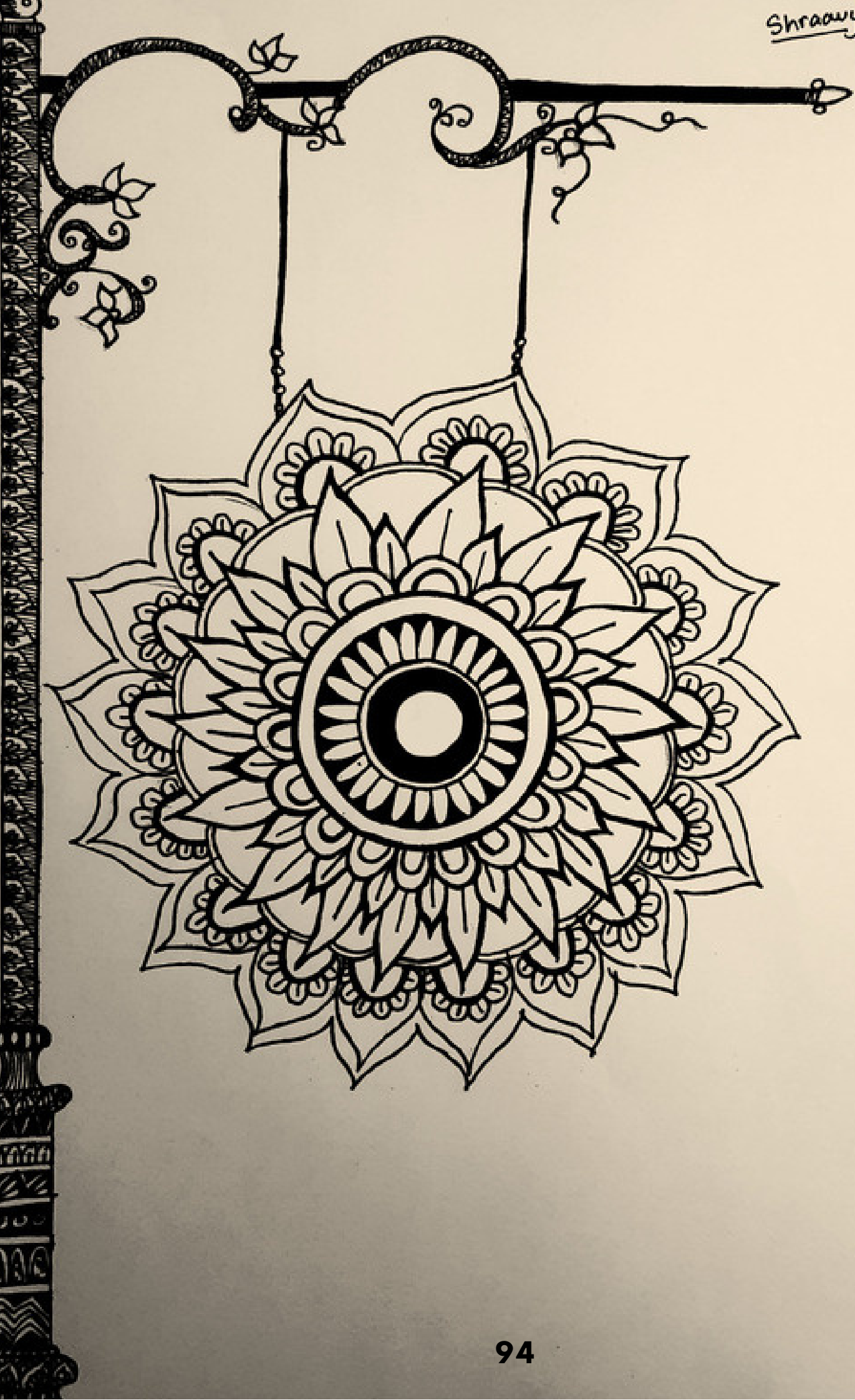
ರಾಜ್ಯ ಕವಿ ಕಮಲೇಶ್





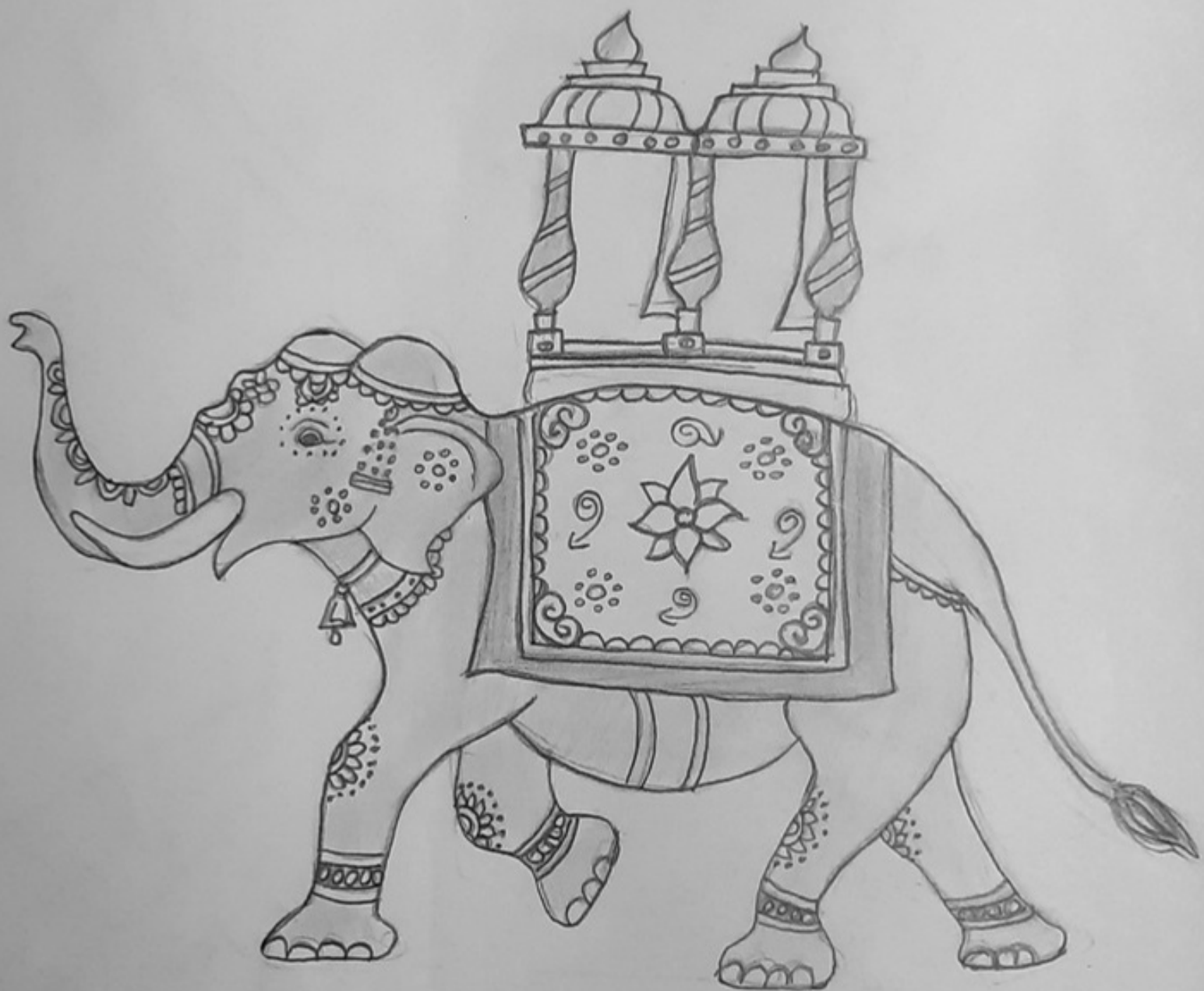


Futash. Arslan
9/14/23





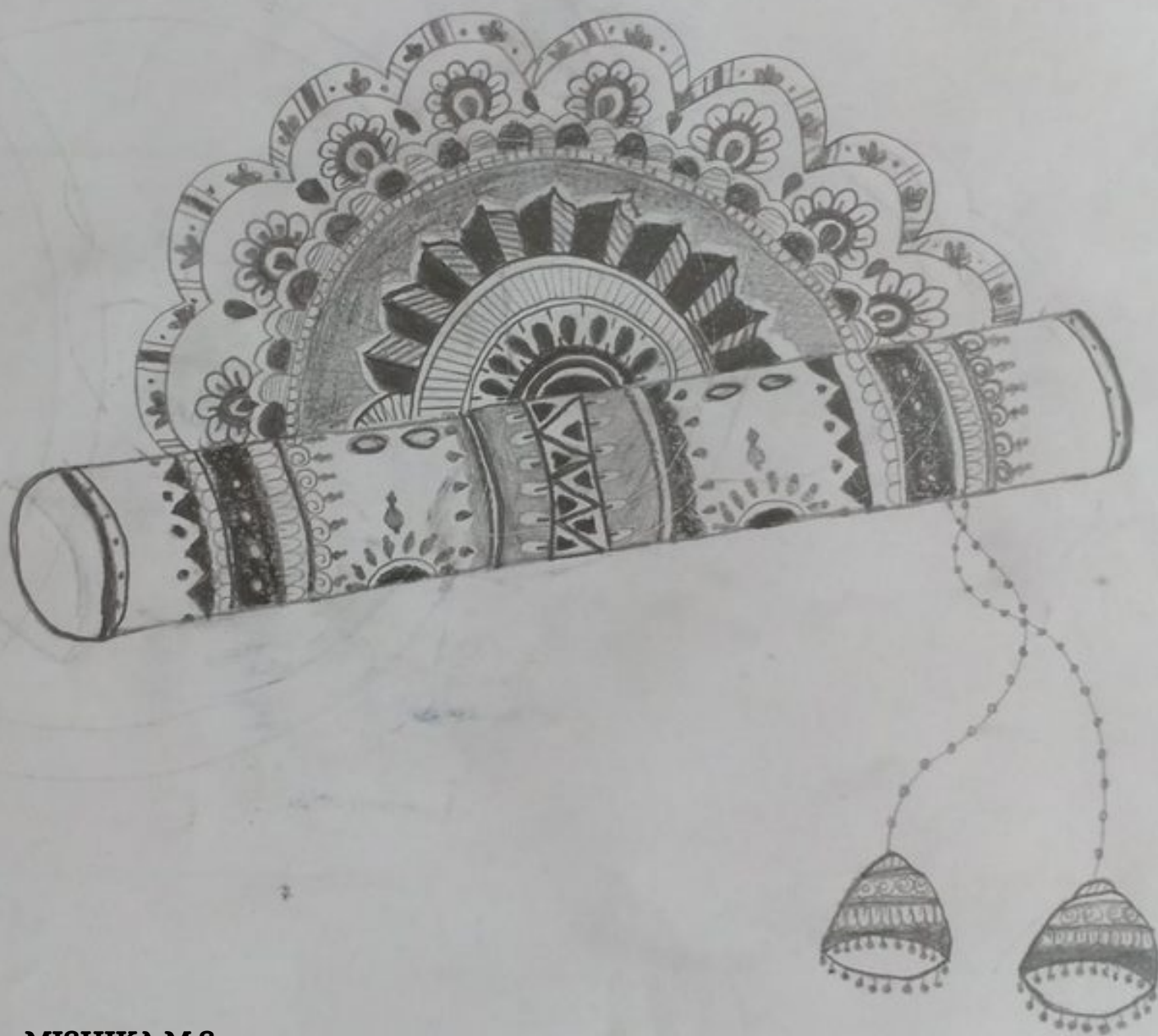




Shraavya. B. Machaia







MISHIKA M.S



ಥಟ್ ಅಂತ ಹೇಳಿ!

1. ಕರ್ನಾಟಕ ರಾಜ್ಯ ಯಾವಾಗ ಸ್ಥಾಪನೆಯಾಯಿತು?
2. ಕರ್ನಾಟಕದ ರಾಜಧಾನಿ ಯಾವುದು?
3. ಕರ್ನಾಟಕದಲ್ಲಿ ಪ್ರಸ್ತುತ ಎಷ್ಟು ಜಿಲ್ಲೆಗಳಿವೆ?
4. “ಕರ್ನಾಟಕ ಸಂಗೀತದ ಪಿತಾಮಹ” ಎಂದು ಕರೆಯಲ್ಪಡುವವರು ಯಾರು?
5. ಕರ್ನಾಟಕದಿಂದ ಭಾರತ ರತ್ನ ಪ್ರಶಸ್ತಿ ಪಡೆದ ಪ್ರಥಮ ವ್ಯಕ್ತಿ ಯಾರು?
6. ಕರ್ನಾಟಕದ ಪ್ರಸ್ತುತ ರಾಜ್ಯಪಾಲರು ಯಾರು?
7. ಕರ್ನಾಟಕಕ್ಕೆ ಮೊದಲು ವಿದ್ಯುತ್ ನೀಡಿದ ಜಲ ವಿದ್ಯುತ್ ಸ್ಥಾವರ ಯಾವುದು?
8. ಕರ್ನಾಟಕ ರಾಜ್ಯದ ಪ್ರಸಿದ್ಧ ಮರ?
9. ಕರ್ನಾಟಕದ ಅತಿ ದೊಡ್ಡ ಜಿಲ್ಲೆ ಯಾವುದು?
10. ಜಗತ್ತಿನ ಅತಿ ಎತ್ತರದ ಜಲಪಾತಗಳಲ್ಲಿ ಒಂದಾದ ಜೋಗ್ ಜಲಪಾತಕ್ಕೆ ಕಾರಣವಾದ ನದಿ ಯಾವುದು?

~ಆಧ್ಯ ಆರ್ ಪ್ರಸಾದ್

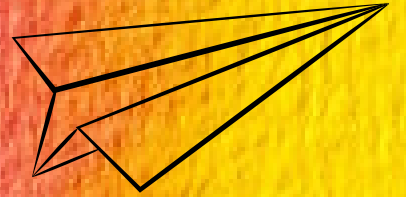
ಒಗಟು ಬಿಡಿಸಿ ಜಾಣರಾಗಿ!

1. ಕಣ್ಣಿಗೆ ಹತ್ತಿರ ಕಾಲಿಗೆ ದೂರ.
2. ಊಟಕ್ಕೆ ಮೊದಲು ನಾನು ಅಂತ ಬರುತ್ತೆ.
3. ಗೋಡೆ ಗುದ್ದಪ್ಪ ನೀನಿದ್ದಲ್ಲಿ ನಿದ್ದೆ ಇಲ್ಲಪ್ಪ.
4. ಬಿಳಿ ಸಾಮ್ರಾಜ್ಯದಲ್ಲಿ ಕಪ್ಪು ಪ್ರಜೆಗಳು.
5. ಮಸಿ ಮೇಲೆ ಮಲ್ಲಿಗೆ ಹೂವು.
6. ಬಿಳಿ ಕುದುರೆಗೆ ಹಸಿರು ಬಾಲ.
7. ಚಿಕ್ಕ ಬೆಟ್ಟದಲ್ಲಿ ಪುಟ್ಟ ಚಂದ್ರ.
8. ನನ್ನ ಕಂಡರೆ ಎಲ್ಲರೂ ಒದೀತಾರೆ.
9. ಗೂಡಿನಲ್ಲಿನ ಪಕ್ಷಿ ನಾಡೆಲ್ಲ ನೋಡುತ್ತದೆ.
10. ಕಾಸಿನ ಕುದುರೆಗೆ ಬಾಲದ ಲಗಾಮು.
11. ಎಲೆ ಇಲ್ಲ, ಸುಣ್ಣ ಇಲ್ಲ, ಬಣ್ಣ ಇಲ್ಲ, ತುಟಿ ಕೆಂಪಾಗಿದೆ. ಮಳೆಯಿಲ್ಲ, ಬೆಳೆಯಿಲ್ಲ, ಮೈ ಹಸಿರಾಗಿದೆ.
12. ಬಿಳಿ ಹುಲ್ಲಲ್ಲಿ ಕೆಂಪು ಕುರಿಮರಿ.
13. ಸೂಜಿ ಸಣ್ಣ ಕಾಗೆ ಬಣ್ಣ.
14. ಊರಿಗೆಲ್ಲ ಒಂದೇ ಕಂಬಳಿ.
15. ಅಟ್ಟದ ಮೇಲೆ ಪುಟ್ಟ ಲಕ್ಷ್ಮೀ.

ಉತ್ತರಗಳು : 1. ಬೆಟ್ಟ 2. ಬಾಳೆ ಎಲೆ/ತಟ್ಟೆ 3. ತಿಗಣಿ 4. ಸೀತಾ ಪುಲ 5. ಮಂಜು 6. ಮೂಲಂಗಿ 7. ಕುಂಕುಮ 8. ಚಿಂಡು 9. ಕಣ್ಣು 10. ಸೂಜಿ ದಾರ 11. ಗಿಳಿ 12. ನಾಲಿಗೆ 13. ಕೂದಲು 14. ಆಕಾಶ 15. ಕುಂಕುಮ

हिन्दी

ई - मैगजीन



कक्षा-आठवीं 'बी'



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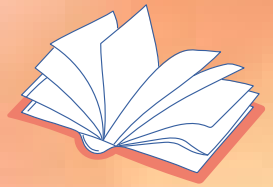
एक अनमोल रत्न

बहुमूल्य दस साल



एन.पी.एस में बिताए दस साल के अनुभव के वर्णन के लिए शब्द कम पड़ जाते हैं, स्कूल की शुरुआत खुशियों की बरसात जैसी होती है। हर साल शिक्षक हमारा हाथ पकड़कर हमें अच्छी राह दिखाते हैं। जब से हम ठीक से बोल भी नहीं पाते थे, तब से इस विद्यालय ने हमारा साथ दिया है। इस विद्यालय में बिताया हर पल अविस्मरणीय है। हर साल नए उत्सव और त्योहार हमें अपनी प्रतिभा व्यक्त करने में मदद करते हैं। वर्षों से इस स्कूल ने हमें बहुत सी चीज़ें प्रदान की हैं लेकिन बदले में बहुत कम माँगा। हर साल एक पन्ना है और सभी मिलकर स्कूल के दिनों की एक सुनहरी किताब बनाते हैं। ये 10 साल का अनुभव एक रत्न की तरह है, एक अनमोल रत्न!

बी मान्या

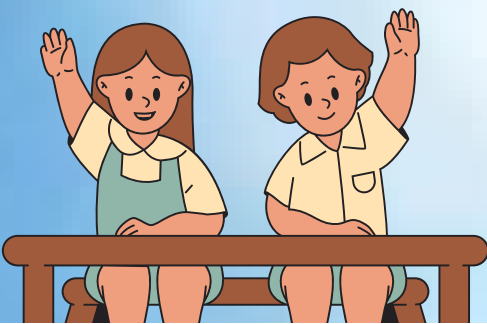


एक नया रोमांच

NPS में, जहाँ भविष्य बहुत उज्ज्वल है,
सीखने की जगह, जहाँ सपने उड़ान भरते हैं,
सहपाठियों के साथ प्रिय, हम प्रत्येक दिन साझा
करते हैं,
हर तरह से हँसी और खुशी,
हर दिन एक नया रोमांच, चाहे कुछ भी हो,
हम मिलकर बनाते हैं, हँसते हैं और खेलते हैं।

तो मैं यहीं रहूँगा, अनुग्रह के इस मंदिर में,
जहाँ ज्ञान और मित्रता को अपना स्थान मिलता है,
क्योंकि मेरा स्कूल किसी जगह से कहीं बढ़कर है,
यह घर है, यह परिवार है, यह मेरे हृदय का
आलिंगन है।

सौपर्णिका



मेरी पाठशाला

~मेरा गर्व

यह मेरे दूसरे घर की तरह है,
जिससे मैं खुद को और दूसरों को समझती।
जो मुझे हँसाता है, रुलाता है, समझाता
और जो मुझे शिक्षित करता है।

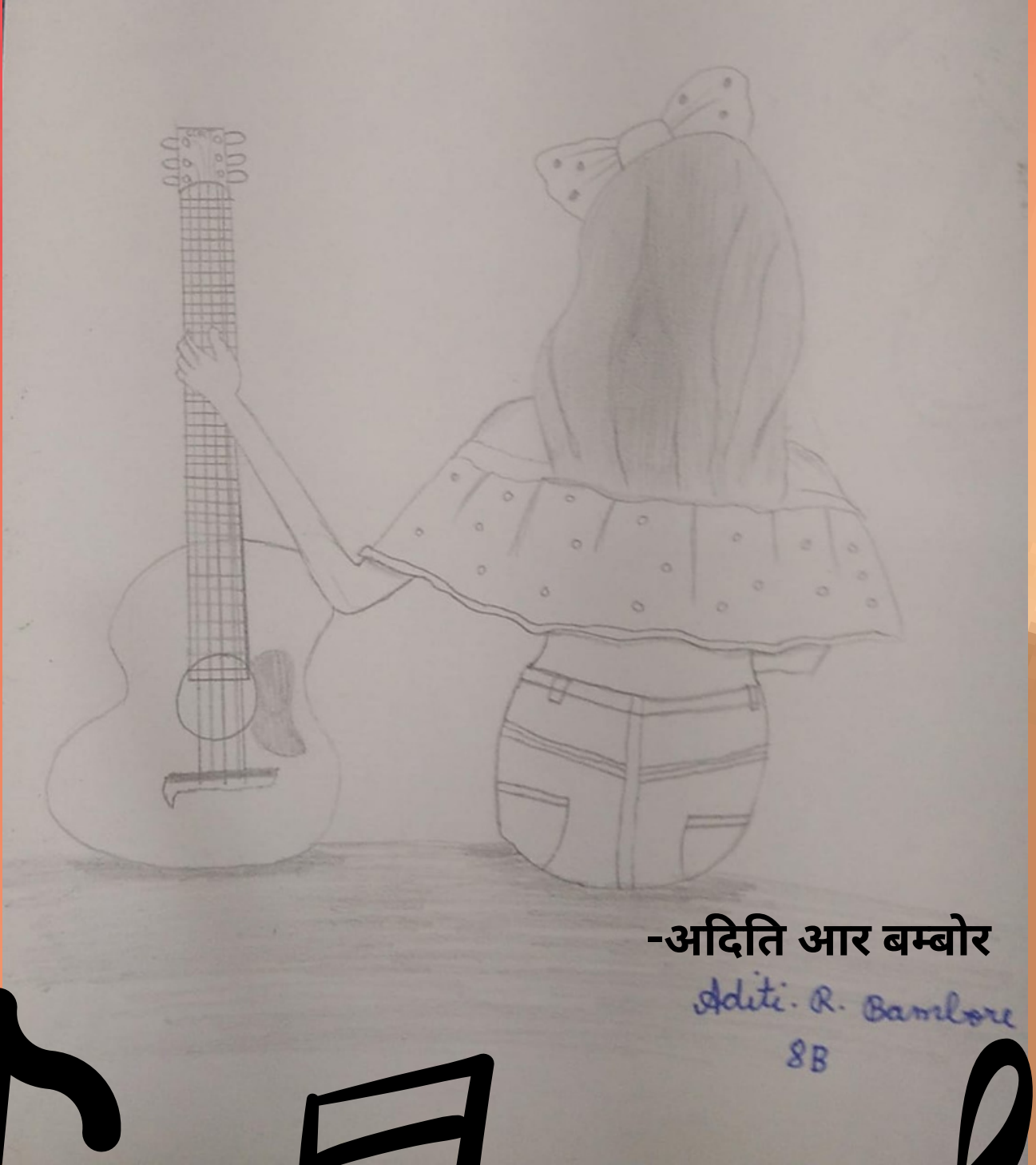
ये वो घर है जहाँ हमें बहुत सारे सदस्यों से
मिलने का मौका मिलता है,
और लगता है कि वे सब मेरे हैं।
वह इमारत जो हर एक पल को यादगार बनाती
है
और हमेशा मेरे दिल में जीवन भर देती है।



खुशी



जहाँ संगीत को जान मिलती है



-अदिति आर बम्बोर

Aditi. R. Bamlore
8B



हमारे शिक्षक

प्रगति-पथ के मार्गदर्शक

शिक्षक हमारे मन को रंगें,
और हमारे विचारों का मार्गदर्शन करें।
हमारी उपलब्धियाँ देखा करें,
और हमारे दोषों पर सलाह देते रहें।



हमारी सोच को प्रेरित करें
ज्ञान और सत्य का,
जैसे हमारा रास्ता रोशन करते हैं,
जीवन भर का।



ताकि हमारा भविष्य उज्ज्वल हो,
प्रत्येक पाठ को अच्छा पढ़ाते हैं।
उनकी हर मुस्कान लंबी हो,
जो हमें लक्ष्य तक पहुँचने में मदद करते हैं।

हर कवि की सुबह के लिए,
हर राजा के बनने के लिए।
एक शिक्षक से शुरू होता है,
एक अच्छी कहानी बनती है।



द्वारा
दीप्या कृष्णा मेलन्ता

किस्सा दस साल का

हमारा विद्यालय अब किशोर हो गया ।

मानो दस साल यूँ ही एक चुटकी बीत गया ॥

पहले खेला करते थे मिट्टी के मैदान पर ।

अब हर तरफ हरियाली आती है नज़र ॥



लेकिन न बदला मज़ा हर आयोजन का ।

जिसको देखकर सबको मिलती है खुशी

मनोरंजन की ॥



हर प्रतियोगिता का उत्साह के साथ सामना
किया।

हार जीत तो होती रहती है, हमने तो भाग
लेने का मज़ा लिया ॥



समय के साथ हमने भरा यादों का अनोखा
भंडार ।

बहुत कुछ बदलता रहा, लेकिन नहीं बदला
हमारे बीच प्यार ॥

यादगार पल

कक्षाओं से लेकर मैदान तक

साथ रहने के दस साल,
हमारे सपनों का पालन करने के दस साल।
हमारे लक्ष्य ऊँचे हैं, हम सब मिलकर सफलता
के लक्ष्य के साथ आगे बढ़ रहे हैं।

कक्षाओं में चमक रही है सीखने की रोशनी,
सीख के रंगों में हमारी कहानी।
अपना रास्ता बनाना और निर्माण करना,
दस साल तक साथ रहने का नतीजा है।

कक्षाओं से लेकर मैदान तक,
संगीत से कला तक।
वर्षों से, हमारी कहानियाँ लिखी गई हैं,
दस साल की सफल यात्रा, अभी और भी आने वाली
है।

-विठ्ठल



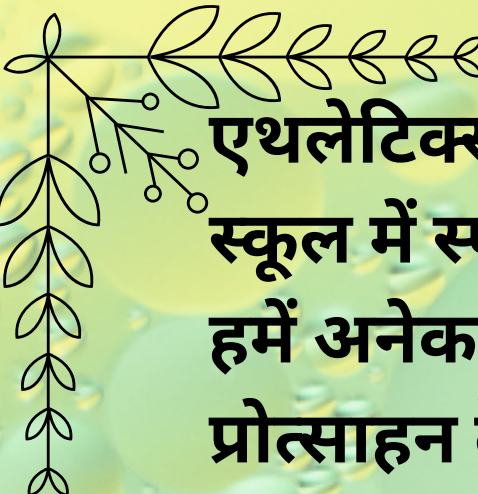
जीवन का खेल यही से शुरू होता है



आज का खेल कल की उन्नति

पाठशाला हमारे दूसरे घर की तरह है।
पाठशाला में पढ़ाई को बहुत महत्व दिया
जाता है। हमारे शिक्षक हमें बहुत अच्छे से
पढ़ाते हैं। लेकिन पढ़ाई के साथ-साथ,
खेल-कूद को भी महत्व दिया जाता है।
हमारे पाठशाला का मैदान बहुत विशाल
है और इसमें अनेक आधुनिक सुविधाएँ
हैं। हम छात्रों को हर स्पोर्ट्स पीरियड का
हमेशा इंतजार रहता है क्योंकि इस
पीरियड में हम अपने मित्रों के साथ खेल
सकते हैं। हमारे स्पोर्ट्स शिक्षक हमें कई
खेल भी सिखाते हैं। इससे हमें खेलों का
ज्ञान मिलता है। पाठशाला में फुटबॉल,
बास्केटबॉल, टेनिस, हैंडबॉल, क्रिकेट का
कोर्ट उपस्थित है।





एथलेटिक्स का ट्रैक भी है। हर वर्ष हमारे स्कूल में स्पोर्ट्स प्रतियोगिता होती है, जो हमें अनेक खेल-कूदों में भाग लेने का प्रोत्साहन देती है और अपने हाउज़ को जिताने की



प्रेरणा देती है। हम स्कूल में हुए खेलों के कारण बाहर जाकर भी प्रतियोगिताओं में भाग लेते हैं और यह हमें अच्छा खिलाड़ी बनने का मार्गदर्शन करता है। खेल-कूद के कारण हम अपने स्वास्थ्य का भी देखभाल कर सकते हैं। हमारे स्कूल में चार वर्ष में एक बार खेल दिवस भी मनाया जाता है। यह एक महत्पूर्ण दिन है जो प्रत्येक छात्र को शारीरिक गतिविधियों और खेलों में शामिल होने में और खेल खेलने का आनंद उठाने में मदद करती हैं।



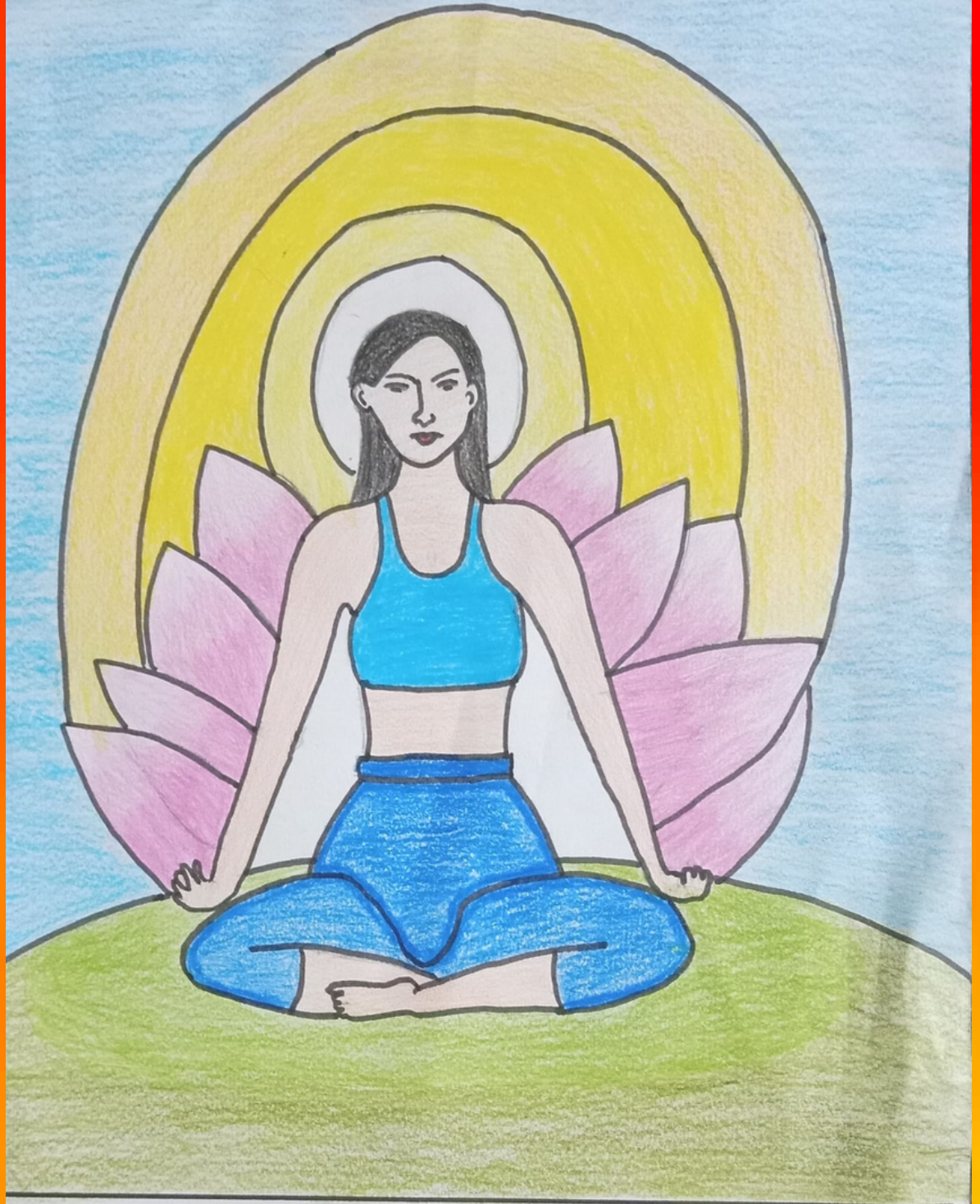
स्कूल प्रतियोगिताएँ और खेल हमें सिर्फ एक अच्छा खिलाड़ी ही नहीं, एक अच्छा मनुष्य भी बनाता है।



द्वारा

श्लोका शालित कोलाट

अंतरराष्ट्रीय योग दिवस



अंतरराष्ट्रीय योग दिवस

सानवी गौड़ा

~ Saanvi Gowda

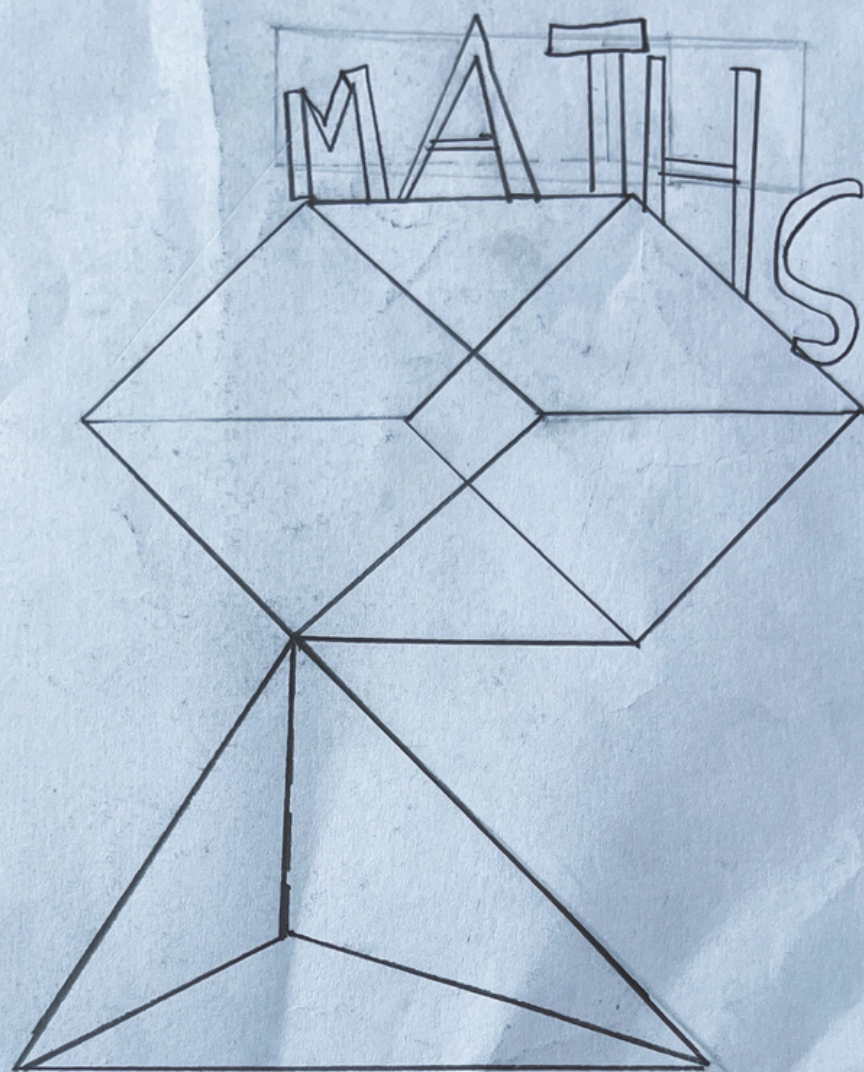
एक नया कदम

जीवन मूल्यों की ओर

हम सभी जानते हैं कि अच्छा जीवन जीने के लिए केवल पढ़ना ही पर्याप्त नहीं है। हमें उन महत्वपूर्ण गुणों को भी जानना होगा जो हमें अच्छा जीवन जीने में मदद करते हैं। इसी कारण से, हमारे स्कूल ने हमारे लिए एक नई गतिविधि शुरू की है। यह गतिविधि न केवल हमें हमारे दैनिक जीवन में मदद करती है, बल्कि हमें एक अच्छा वक्ता बनने में भी मदद करती है। जी, आपने सही अनुमान लगाया, यह गतिविधि भाषण देने से संबंधित है। प्रतिदिन, दो या तीन बच्चे जीवन के महत्वपूर्ण गुणों के बारे में लगभग एक मिनट तक बोलते हैं। इसके अलावा, शिक्षकों ने अलग-अलग महीने के लिए एक विशेष विषय तय किया है। इसलिए हर महीने सभी छात्रों को धैर्य, ईमानदारी और न्याय जैसे गुणों के बारे में बात करने का मौका मिलता है। इससे सभी कक्षाओं के प्रत्येक छात्र को अपने निर्णय बेहतर तरीके से लेने में मदद मिल रही है। यह स्कूल द्वारा उठाया गया एक बहुत ही महत्वपूर्ण कदम है और मुझे यह देखकर बहुत खुशी हुई है कि इससे मुझे और मेरे सभी दोस्तों को मदद मिल रही है।

-अदिति आर बम्बोर

गणित के लिए प्यार



By रचित 8B
रचित

वाई .इ. पी

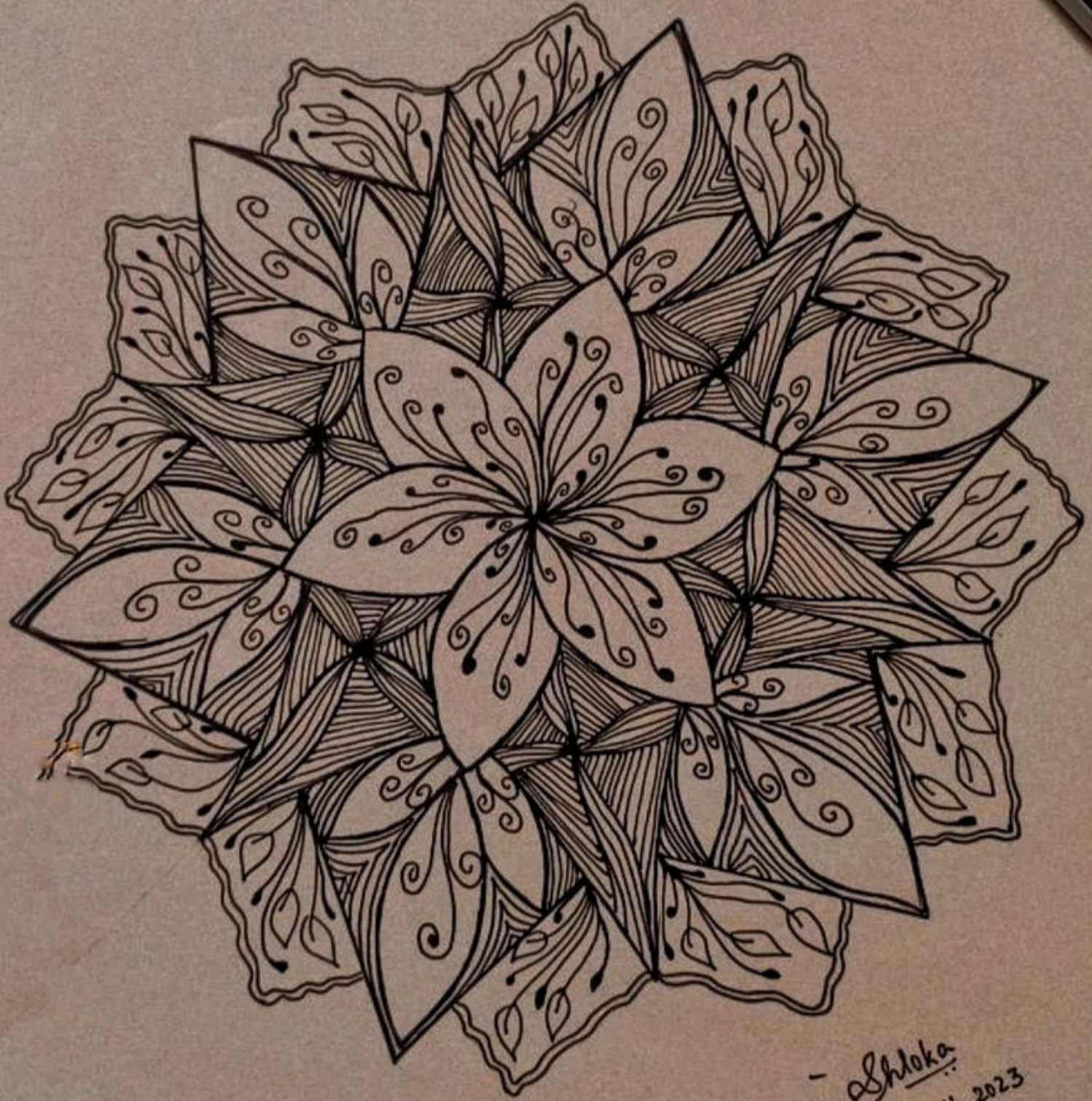
अनोखा अनुभव

"वाई इ पी 2023" का विषय था - 'भारत के दस राज्य'. प्रत्येक समूह को भारत के कई प्रफुल्ल राज्यों में से एक मिला और उन्हें उस राज्य की विशेषता को प्रस्तुत करने वाले उत्पाद बनाने का कार्य दिया गया था। इन उत्पादों को फिर हमें मुख्य बाजार दिवस, 12 अगस्त को बेचना था। यह कार्यक्रम हमें उद्यमिता के विश्व को समझने में मदद करने के साथ-साथ उसमें बढ़ने में भी मदद करता रहा। यह काफी रोमांचक और प्रेरणादायक भी था। कभी-कभी यह थोड़ा तनावपूर्ण था, लेकिन प्रबंधन करना सीखकर, अंत में यह बहुत अच्छा रहा। उन दो महीनों में बनी यादें और हम सभी का जब आखिरी उत्पाद बिक गया, तो उस आशिर्वाद भरे क्षण को महसूस करना अद्वितीय था। मैं आने वाले वर्षों के Y.E.P. की ओर देखती हूँ और आगामी बैच के लिए शुभकामना करती हूँ "

-निरल जैन



कला का जन्म



- Shloka
4 April 2023

श्लोका शालित कोलाट



The background features a large, light purple watermark of the NPS International Mysore logo. It is a circular emblem with a stylized orange and yellow flame in the center. The text 'NPS INTERNATIONAL MYSORE' is written in a circular path around the flame. At the top of the circle, the Sanskrit phrase 'आजीवनम् ज्ञानवर्धनम्' is inscribed.

Special Thanks

Ms Akhila Dinesh
Principal

NPS International School

**No 21, Anjanadri Road, Vijayanagar 4th Stage, 2nd Phase,
Mysore - 570 032**

PH: +91 821 2970655 / 2970656

Email: info@npsmysore.com

